

## CARF Behavioral Health Standards 2023-2024

Relias offers online learning, staff compliance training, and continuing education for behavioral health organizations.

Relias Training Crosswalks are based on published accreditation standards. They are designed to assist organizations in the selection of courses from the Relias libraries to ensure and demonstrate staff competence according to the training standards. In some cases, it may be useful for customer organizations to develop training specific to the organization's individual needs.

General staff compliance trainings should be selected to ensure the organization meets OSHA and other regulatory requirements. Staff training is only one element of a successful survey and the crosswalks are not meant to take the place of a careful review and evaluation of your program to the accreditation standards.

The courses listed in the crosswalk are a representative sample of courses available in Relias libraries. It may not be necessary to choose all courses listed for a specific training standard; it is recommended that courses are chosen that closely align with the mission and services offered and the specific needs of the persons served.

Disclaimer: The following constitutes Relias, LLC's recommendation of course work for each listed Crosswalk Measure. Relias does not make any guarantee that such course(s) will be accepted by the accrediting body(ies).

CARF does not endorse the Relias product or services that Relias provides and this document's sole purpose is to only provide recommendations.

Reference:

[http://bookstore.carf.org/category/2023\\_BH.html](http://bookstore.carf.org/category/2023_BH.html)

### Section 1: ASPIRE to Excellence®

1.A.6.c. - Leadership

Corporate responsibility to educate personnel and other stakeholders on:

#### Ethical codes of conduct

| Module Code      | Module Name                           | Hours |
|------------------|---------------------------------------|-------|
| REL-ALL-0-ETHCC  | Ethics and Corporate Compliance       | 0.50  |
| REL-ALL-0-BETHDM | The Basics of Ethical Decision Making | 0.50  |

### Section 1: ASPIRE to Excellence®

1.A.7.d. - Leadership

An organization in the US receiving federal funding demonstrates corporate compliance through the training of personnel on corporate compliance:

#### The role of the compliance officer

| Module Code             | Module Name                      | Hours |
|-------------------------|----------------------------------|-------|
| ORG CUSTOMIZED TRAINING | Organization Customized Training | 0.00  |

#### The organization's procedures for allegations of fraud, waste, abuse, and other wrongdoing

| Module Code          | Module Name                                   | Hours |
|----------------------|-----------------------------------------------|-------|
| ORG POLICY/PROCEDURE | Organization-Specific Policies and Procedures | 0.00  |

## Section 1: ASPIRE to Excellence®

### 1.A.8. - Leadership

Leadership provides resources and education for personnel to stay current in the field in order to demonstrate program strategies and interventions that are based on accepted practices in the field and current research, evidence-based practice, peer-reviewed scientific and health-related publications, clinical practice guidelines, and/or expert professional consensus:

#### Education to stay current in the field

| Module Code | Module Name                                               | Hours |
|-------------|-----------------------------------------------------------|-------|
| REL-ACCRED1 | Choose Appropriate Courses from Relias Learning Libraries | 0.00  |

## Section 1: ASPIRE to Excellence®

### 1.A.9.b. - Leadership

To demonstrate accountability, an organization that engages in fundraising provides initial and ongoing training related to fundraising written procedures to appropriate personnel:

#### Fundraising procedures

| Module Code          | Module Name                                   | Hours |
|----------------------|-----------------------------------------------|-------|
| ORG POLICY/PROCEDURE | Organization-Specific Policies and Procedures | 0.00  |

## Section 1: ASPIRE to Excellence®

### 1.B.2.b., d. - Governance

Governance policies address:

Note: Governance Standards are optional.

#### Board member orientation and education

| Module Code          | Module Name                                   | Hours |
|----------------------|-----------------------------------------------|-------|
| ORG POLICY/PROCEDURE | Organization-Specific Policies and Procedures | 0.00  |

## Section 1: ASPIRE to Excellence®

### 1.F.6.b. - Financial Planning and Management

The organization provides initial and ongoing training related to fiscal policies and written procedures to

appropriate personnel:

### Training related to fiscal policies and written procedures, including internal control practices

| Module Code          | Module Name                                   | Hours |
|----------------------|-----------------------------------------------|-------|
| ORG POLICY/PROCEDURE | Organization-Specific Policies and Procedures | 0.00  |

## Section 1: ASPIRE to Excellence®

1.H.4.a. and b. - Health and Safety

Personnel receive documented competency-based training at orientation and annually in the following areas:

### Health and safety practices

| Module Code    | Module Name                        | Hours |
|----------------|------------------------------------|-------|
| REL-ALL-0-BHH  | Basics of Hand Hygiene             | 0.25  |
| REL-SRC-0-FSF  | Food Safety Fundamentals           | 1.00  |
| REL-ALL-0-MSTF | Minimizing Trips, Slips, and Falls | 0.25  |
| REL-ALL-0-BWS  | The Basics of Workplace Safety     | 0.25  |

### Identification of unsafe environmental factors

| Module Code       | Module Name                   | Hours |
|-------------------|-------------------------------|-------|
| REL-ALL-0-ESB     | Electrical Safety: The Basics | 0.25  |
| REL-ALL-0-LADSFTY | Ladder Safety                 | 0.25  |
| REL-ALL-0-LOTOP   | Lockout/Tagout Procedures     | 0.25  |
| REL-ALL-0-UOXS    | Using Oxygen Safely           | 0.25  |

### Emergency procedures and evacuation procedures, if appropriate

| Module Code          | Module Name                                              | Hours |
|----------------------|----------------------------------------------------------|-------|
| REL-ALL-0-EPR        | Emergency Preparedness Regulations                       | 1.50  |
| REL-PAC-0-FSEP       | Fire Safety and Emergency Preparedness                   | 2.00  |
| REL-ALL-0-FSBASIC-V2 | Fire Safety: The Basics                                  | 0.50  |
| REL-ALL-0-NDWEO      | Natural Disasters and Workplace Emergencies: An Overview | 0.50  |
| REL-ALL-0-NDWEH      | Natural Disasters and Workplace Emergencies: Hurricanes  | 0.50  |
| REL-ALL-0-NDWET      | Natural Disasters and Workplace Emergencies: Tornadoes   | 0.50  |
| ORG EMERGENCY P&P    | Organization-Specific Emergency Policies and Plans       | 0.00  |

## Identification and reporting of critical incidents

| Module Code          | Module Name                                                  | Hours |
|----------------------|--------------------------------------------------------------|-------|
| REL-BHC-0-DTEBH      | Decreasing Medical and Treatment Errors in Behavioral Health | 1.00  |
| REL-BHC-0-IAADA      | Identifying and Addressing Older and Dependent Adult Abuse   | 1.25  |
| REL-BHC-0-IRBH       | Incident Reporting in Behavioral Health                      | 0.50  |
| ORG POLICY/PROCEDURE | Organization-Specific Policies and Procedures                | 0.00  |
| REL-BHC-0-PIRAN      | Preventing, Identifying, and Responding to Abuse and Neglect | 1.00  |

## Medication management, if appropriate

| Module Code       | Module Name                                                                 | Hours |
|-------------------|-----------------------------------------------------------------------------|-------|
| REL-BHC-0-MMSSOPD | Medication Management: Schizophrenia Spectrum and Other Psychotic Disorders | 1.25  |
| REL-BHC-0-OMAUP   | Overview of Medication Administration for Unlicensed Paraprofessionals      | 0.50  |
| REL-BHC-0-PMAOP   | Psychiatric Medications: An Overview for Paraprofessionals                  | 1.50  |
| REL-BHC-0-PBBHP   | Psychopharmacology Basics for Behavioral Health Professionals               | 1.25  |

## Reducing physical risks

| Module Code       | Module Name                                                      | Hours |
|-------------------|------------------------------------------------------------------|-------|
| REL-BHC-0-DTEBH   | Decreasing Medical and Treatment Errors in Behavioral Health     | 1.00  |
| REL-BHC-0-NSSIBCA | Non-Suicidal Self-Injurious Behavior in Children and Adolescents | 1.25  |
| REL-PAC-0-PRRSI   | Preventing and Responding to Sharps Injuries                     | 0.50  |

## Workplace violence

| Module Code       | Module Name                      | Hours |
|-------------------|----------------------------------|-------|
| REL-ALL-0-UWRKVLN | Understanding Workplace Violence | 0.50  |

## Section 1: ASPIRE to Excellence®

### 1.H.12.b. - Health and Safety

The organization implements written procedures for infection prevention and infection control, that include training regarding:

#### Infections and communicable diseases

| Module Code     | Module Name                                              | Hours |
|-----------------|----------------------------------------------------------|-------|
| REL-ALL-0-AINCP | About Infection Control and Prevention                   | 1.00  |
| REL-ALL-0-BPUSP | Bloodborne Pathogens and the Use of Standard Precautions | 1.00  |
| REL-ALL-0-ICBC  | Infection Control: Basic Concepts                        | 0.25  |
| REL-PAC-0-OTB   | Overview of Tuberculosis                                 | 1.00  |
| REL-ALL-0-TBH   | The Basics of HIV                                        | 0.50  |

#### Appropriate use of standard or universal precautions

| Module Code     | Module Name                                              | Hours |
|-----------------|----------------------------------------------------------|-------|
| REL-ALL-0-BHH   | Basics of Hand Hygiene                                   | 0.25  |
| REL-ALL-0-BPUSP | Bloodborne Pathogens and the Use of Standard Precautions | 1.00  |
| REL-ALL-0-BPUSP | Bloodborne Pathogens and the Use of Standard Precautions | 1.00  |
| REL-PAC-0-TBPA  | Transmission Based Precautions: Airborne                 | 0.10  |

#### Guidelines for addressing these procedures with persons served, personnel, and other stakeholders

| Module Code          | Module Name                                   | Hours |
|----------------------|-----------------------------------------------|-------|
| ORG POLICY/PROCEDURE | Organization-Specific Policies and Procedures | 0.00  |

## Section 1: ASPIRE to Excellence®

### 1.H.13.g. - Health and Safety

When transportation is provided for persons served there is evidence of training of drivers regarding:

#### The organization's transportation procedures

| Module Code          | Module Name                                   | Hours |
|----------------------|-----------------------------------------------|-------|
| ORG POLICY/PROCEDURE | Organization-Specific Policies and Procedures | 0.00  |

#### The unique needs of the persons served

| Module Code  | Module Name                                               | Hours |
|--------------|-----------------------------------------------------------|-------|
| REL-ACCRED1  | Choose Appropriate Courses from Relias Learning Libraries | 0.00  |
| REL-IDD-0-CT | Community Transportation                                  | 0.50  |

## Section 1: ASPIRE to Excellence®

1.1.5.a. and b. - Workforce Development and Management

Onboarding and engagement activities include orientation that addresses the organization's:

### Mission; Culture

| Module Code             | Module Name                      | Hours |
|-------------------------|----------------------------------|-------|
| ORG CUSTOMIZED TRAINING | Organization Customized Training | 0.00  |

### Person-centered philosophy

| Module Code       | Module Name                                                                   | Hours |
|-------------------|-------------------------------------------------------------------------------|-------|
| REL-BHC-0-APCPBH  | Approaches to Person-Centered Planning in Behavioral Health                   | 1.00  |
| REL-CV-CQL-OVR-V2 | Overview of the Personal Outcome Measures®                                    | 3.25  |
| REL-CV-CQL-ORG-V2 | Using Personal Outcome Measures® in Evaluation and Planning for Organizations | 2.00  |

### Performance measurement and management system

| Module Code       | Module Name                                                                   | Hours |
|-------------------|-------------------------------------------------------------------------------|-------|
| REL-BHC-0-PHH     | Enhancing Treatment with Measurement-Based Care                               | 1.00  |
| REL-ALL-0-ESSQI   | Essentials of Quality Improvement                                             | 0.25  |
| REL-CHC-0-IQIS    | Implementing a Quality Improvement System                                     | 1.25  |
| REL-CV-CQL-ORG-V2 | Using Personal Outcome Measures® in Evaluation and Planning for Organizations | 2.00  |

### Risk management plan

| Module Code             | Module Name                      | Hours |
|-------------------------|----------------------------------|-------|
| ORG CUSTOMIZED TRAINING | Organization Customized Training | 0.00  |

### Strategic plan;

## Other organizational planning efforts

| Module Code             | Module Name                      | Hours |
|-------------------------|----------------------------------|-------|
| ORG CUSTOMIZED TRAINING | Organization Customized Training | 0.00  |

## Workforce policies and procedures

| Module Code          | Module Name                                   | Hours |
|----------------------|-----------------------------------------------|-------|
| ORG POLICY/PROCEDURE | Organization-Specific Policies and Procedures | 0.00  |

## On-the-job training

| Module Code             | Module Name                      | Hours |
|-------------------------|----------------------------------|-------|
| ORG CUSTOMIZED TRAINING | Organization Customized Training | 0.00  |

## Section 1: ASPIRE to Excellence®

1.I.7.F. - Workforce Development and Management

Workforce development activities include:

### Education and training

| Module Code | Module Name                                               | Hours |
|-------------|-----------------------------------------------------------|-------|
| REL-ACCRED1 | Choose Appropriate Courses from Relias Learning Libraries | 0.00  |

## Section 1: ASPIRE to Excellence®

1.J.5.a. and b. - Technology

The organization provides documented initial and ongoing training to personnel on:

### Cybersecurity

| Module Code             | Module Name                          | Hours |
|-------------------------|--------------------------------------|-------|
| ORG CUSTOMIZED TRAINING | Organization Customized Training     | 0.00  |
| REL-ALL-CFISA-SATL1     | Security Awareness Training Level I  | 1.00  |
| REL-ALL-CFISA-SATL2     | Security Awareness Training Level II | 2.00  |

## The technology used in performance of their job duties

| Module Code             | Module Name                      | Hours |
|-------------------------|----------------------------------|-------|
| ORG CUSTOMIZED TRAINING | Organization Customized Training | 0.00  |

## Section 1: ASPIRE to Excellence®

### 1.M.10. - Performance Measurement and Management

Personnel are provided with documented education and training in accordance with their roles and responsibilities for:

#### Performance measurement and management

| Module Code             | Module Name                                     | Hours |
|-------------------------|-------------------------------------------------|-------|
| REL-BHC-0-PHH           | Enhancing Treatment with Measurement-Based Care | 1.00  |
| REL-CHC-0-IQIS          | Implementing a Quality Improvement System       | 1.25  |
| REL-ALL-0-MIMPP         | Motivating for Improved Performance             | 0.50  |
| ORG CUSTOMIZED TRAINING | Organization Customized Training                | 0.00  |

## Section 2: General Program Standards

### 2.A.16. - Program/Service Structure

As applicable to the population served, all direct service personnel receive documented competency-based training at orientation and at least annually that addresses prevention of unsafe behaviors including:

#### Contributing factors or causes that may lead to unsafe behaviors

| Module Code        | Module Name                                                          | Hours |
|--------------------|----------------------------------------------------------------------|-------|
| REL-BHC-0-HRSU     | Harm Reduction in Substance Use                                      | 1.25  |
| REL-BHC-0-SURHHOID | Substance Use: Risk of HIV, Hepatitis, and Other Infectious Diseases | 1.25  |
| REL-BHC-0-WIEH     | Working with Individuals Experiencing Homelessness                   | 1.25  |

#### Health conditions that may contribute to unsafe behaviors

| Module Code       | Module Name                                                                | Hours |
|-------------------|----------------------------------------------------------------------------|-------|
| REL-BHC-0-ICODAPC | Interventions for Co-Occurring Disorders: Advanced Practice for Clinicians | 1.25  |
| REL-BHC-0-IMRC    | The Illness Management and Recovery Model                                  | 1.00  |

How interpersonal interactions may impact the behaviors of persons served, including how persons served interact with each other, how personnel interact with persons served, and how personnel interact with each other



| Module Code     | Module Name                        | Hours |
|-----------------|------------------------------------|-------|
| REL-ALL-0-COMME | Communicating Effectively          | 0.25  |
| REL-ALL-0-CR    | Conflict Resolution                | 0.50  |
| REL-ALL-0-HRHC  | Humility and Respect in Healthcare | 0.25  |

### Use of alternative interventions in an effort to avoid the use of seclusion or restraint

| Module Code    | Module Name                                      | Hours |
|----------------|--------------------------------------------------|-------|
| REL-BHC-0-CMBP | Crisis Management Basics for Paraprofessionals   | 1.00  |
| REL-BHC-0-PDHS | Preventing and De-escalating Crisis Situations   | 1.25  |
| REL-BHC-0-RRPC | Recognizing and Responding to a Person in Crisis | 1.50  |

## Section 2: General Program Standards

### 2.A.22.a. through g. - Program/Service Structure

For personnel providing direct services, the organization includes the following in its documented assessment of competency and competency-based training:

### Areas that reflect the specific needs of the person served

| Module Code | Module Name                                               | Hours |
|-------------|-----------------------------------------------------------|-------|
| REL-ACCRED1 | Choose Appropriate Courses from Relias Learning Libraries | 0.00  |

### Clinical skills that are appropriate to the position

| Module Code | Module Name                                               | Hours |
|-------------|-----------------------------------------------------------|-------|
| REL-ACCRED1 | Choose Appropriate Courses from Relias Learning Libraries | 0.00  |

### Person-centered plan development

| Module Code       | Module Name                                                        | Hours |
|-------------------|--------------------------------------------------------------------|-------|
| REL-CV-CQL-APOMBH | Application of the Personal Outcome Measures for Behavioral Health | 2.75  |
| REL-BHC-0-APCPBH  | Approaches to Person-Centered Planning in Behavioral Health        | 1.00  |

### Interviewing skills

| Module Code        | Module Name                                                         | Hours |
|--------------------|---------------------------------------------------------------------|-------|
| REL-CHC-0-BPFIP    | Best Practices for Interviewing Patients                            | 1.25  |
| REL-BHC-0-ISPHC    | In Session: Practicing Clinical Skills in Motivational Interviewing | 1.00  |
| REL-BHC-0-IMI      | Introduction to Motivational Interviewing                           | 2.00  |
| REL-CV-CQL-LPIT-V2 | Learning about People - Interviewing Techniques                     | 2.50  |

### Program-related research-based treatment approaches

| Module Code | Module Name                                               | Hours |
|-------------|-----------------------------------------------------------|-------|
| REL-ACCRED1 | Choose Appropriate Courses from Relias Learning Libraries | 0.00  |

### Identification of clinical risk factors, including suicide, violence, and other risky behaviors

| Module Code         | Module Name                                                          | Hours |
|---------------------|----------------------------------------------------------------------|-------|
| REL-BHC-0-ASSR      | Assessing and Screening for Suicide Risk                             | 1.50  |
| REL-BHC-0-ARODV     | Assessing Risk of Other-Directed Violence in Adults                  | 1.25  |
| REL-BHC-0-CBIRSR    | Community-Based Interventions to Reduce Suicide Risk                 | 1.75  |
| REL-BHC-0-PSAVP     | Preventing Suicide Among Veteran Populations                         | 1.50  |
| REL-BHC-0-SURHHOID  | Substance Use: Risk of HIV, Hepatitis, and Other Infectious Diseases | 1.25  |
| REL-BHC-0-TCBSUDIPV | The Connection Between Substance Use and Intimate Partner Violence   | 1.00  |
| REL-ALL-0-UDIPV     | Understanding Domestic and Intimate Partner Violence                 | 1.25  |

### Safety planning

| Module Code      | Module Name                                          | Hours |
|------------------|------------------------------------------------------|-------|
| REL-BHC-0-CBIRSR | Community-Based Interventions to Reduce Suicide Risk | 1.75  |
| REL-BHC-0-CMBP   | Crisis Management Basics for Paraprofessionals       | 1.00  |
| REL-BHC-0-EIAS   | Effective Intervention in the Aftermath of a Suicide | 1.25  |
| REL-BHC-0-SSDCS  | Suicide Screening for Direct Care Staff              | 0.50  |

## Section 2: General Program Standards

### 2.A.31.b. - Program/Service Structure

The organization demonstrates a climate of recovery and/or resilience building by:

### Training personnel on the role of peer support specialists at orientation

| Module Code      | Module Name                                                   | Hours |
|------------------|---------------------------------------------------------------|-------|
| REL-BHC-0-IPSPSP | Introduction to Peer Support for Peer Support Professionals   | 1.00  |
| REL-BHC-0-PSSUR  | Peer Support in Substance Use Recovery                        | 1.25  |
| REL-BHC-0-PHC    | Supervision of Peers and Other Lived-Experience Professionals | 1.00  |

## Section 2: General Program Requirements

### 2.A.32. - Program/Service Structure

Peer support specialists receive documented competency-based training that includes initial training on the following topics:

#### Personal advocacy

| Module Code       | Module Name                                                         | Hours |
|-------------------|---------------------------------------------------------------------|-------|
| REL-BHC-0-SARPMHD | Self-Advocacy and Recovery for Persons with Mental Health Disorders | 1.75  |

#### Engagement

| Module Code            | Module Name                                                                    | Hours |
|------------------------|--------------------------------------------------------------------------------|-------|
| REL-BHC-0-ETEIBHD      | Enhancing Treatment Engagement of Individuals with Behavioral Health Disorders | 1.75  |
| REL-HHS-CASRA-RPREL-V2 | Recovery Promoting Relationships                                               | 1.00  |

#### Recovery and resiliency principles

| Module Code      | Module Name                                                              | Hours |
|------------------|--------------------------------------------------------------------------|-------|
| REL-BHC-0-BPSIER | Best Practices for Supporting Individuals In Early Recovery              | 1.50  |
| REL-BHC-0-RPPBHT | Recovery Principles and Practices in Behavioral Health Treatment         | 1.00  |
| REL-BHC-0-ETS    | Symptoms, Etiology, and Recovery-Focused Interventions for Schizophrenia | 1.25  |
| REL-BHC-0-IMRC   | The Illness Management and Recovery Model                                | 1.00  |
| REL-HHS-CASRA-UR | Understanding Recovery                                                   | 1.00  |

#### Community supports/connections

| Module Code           | Module Name              | Hours |
|-----------------------|--------------------------|-------|
| REL-BHC-0-CCM         | Case and Care Management | 1.00  |
| REL-HHS-CASRA-CMTYINC | Community Inclusion      | 1.25  |

### The effective use of sharing life experiences

| Module Code   | Module Name                                                   | Hours |
|---------------|---------------------------------------------------------------|-------|
| REL-BHC-0-PHD | Boundaries for Peers and Other Lived-Experience Professionals | 0.50  |
| REL-BHC-0-PHC | Supervision of Peers and Other Lived-Experience Professionals | 1.00  |

### Parenting skills, if applicable

### Additional/alternative modules may be available in select Relias libraries

| Module Code        | Module Name                                                    | Hours |
|--------------------|----------------------------------------------------------------|-------|
| REL-ACCRED1        | Choose Appropriate Courses from Relias Learning Libraries      | 0.00  |
| REL-BHC-0-OFP      | Overview of Family Psychoeducation                             | 1.25  |
| REL-HHS-0-SUFPP-V2 | Substance Use and the Family for Paraprofessionals             | 1.25  |
| REL-BHC-0-WCSFFP   | Ways to Communicate and Support Families for Paraprofessionals | 0.75  |

### Ongoing training on current practices in peer support services

| Module Code        | Module Name                                                               | Hours |
|--------------------|---------------------------------------------------------------------------|-------|
| REL-BHC-0-PHD      | Boundaries for Peers and Other Lived-Experience Professionals             | 0.50  |
| REL-BHC-0-IPSPSP   | Introduction to Peer Support for Peer Support Professionals               | 1.00  |
| REL-BHC-0-PSSUR    | Peer Support in Substance Use Recovery                                    | 1.25  |
| REL-BHC-0-TICDCPSS | Trauma-Informed Care Delivery for Clinicians and Peer Support Specialists | 1.25  |

## Section 2: General Program Standards

### 2.E.1.a. - Medication Use

When the program provides medication control, administering, and/or prescribing, documented training and education regarding medications is provided to direct service personnel at orientation and at least annually:

### Training and education regarding medications

| Module Code       | Module Name                                                                 | Hours |
|-------------------|-----------------------------------------------------------------------------|-------|
| REL-BHC-0-MMSSOPD | Medication Management: Schizophrenia Spectrum and Other Psychotic Disorders | 1.25  |
| REL-BHC-0-OMAUP   | Overview of Medication Administration for Unlicensed Paraprofessionals      | 0.50  |
| REL-BHC-0-PMAOP   | Psychiatric Medications: An Overview for Paraprofessionals                  | 1.50  |
| REL-BHC-0-PBBHP   | Psychopharmacology Basics for Behavioral Health Professionals               | 1.25  |

## Section 2: General Program Standards

### 2.F.2. - Promoting Nonviolent Practices

All personnel involved in the direct administration of seclusion or restraint receive documented, competency-based training that is provided by persons or entities qualified to conduct such training at orientation and at least annually that addresses:

#### The circumstances under which seclusion or restraint is indicated

| Module Code             | Module Name                      | Hours |
|-------------------------|----------------------------------|-------|
| ORG CUSTOMIZED TRAINING | Organization Customized Training | 0.00  |

Interventions to be used for seclusion or restraint that minimize harm, including interventions done by an individual and interventions done by a team  
Suggested, in addition to organizational training:

| Module Code             | Module Name                                      | Hours |
|-------------------------|--------------------------------------------------|-------|
| ORG CUSTOMIZED TRAINING | Organization Customized Training                 | 0.00  |
| REL-BHC-0-RRPC          | Recognizing and Responding to a Person in Crisis | 1.50  |

#### Signs of physical distress in a person who is being secluded or restrained

| Module Code             | Module Name                      | Hours |
|-------------------------|----------------------------------|-------|
| ORG CUSTOMIZED TRAINING | Organization Customized Training | 0.00  |

Risks of seclusion or restraint to the persons served or to personnel, including physical and psychological risks

| Module Code             | Module Name                      | Hours |
|-------------------------|----------------------------------|-------|
| ORG CUSTOMIZED TRAINING | Organization Customized Training | 0.00  |

## First aid

| Module Code    | Module Name             | Hours |
|----------------|-------------------------|-------|
| REL-PAC-0-FAS1 | First Aid: Section 1    | 1.00  |
| REL-PAC-0-FAS2 | First Aid: Section 2    | 1.00  |
| REL-ALL-0-RFFA | Refresher for First Aid | 0.50  |

## Cardiopulmonary resuscitation (CPR)

| Module Code       | Module Name                                              | Hours |
|-------------------|----------------------------------------------------------|-------|
| CPR/BLS/FIRST AID | CPR/BLS/First Aid Certification (Available For Purchase) | 0.00  |
| REL-ALL-0-RCPR    | Refresher for CPR                                        | 1.00  |

## How to continually assess for the earliest release of the seclusion or restraint

| Module Code             | Module Name                      | Hours |
|-------------------------|----------------------------------|-------|
| ORG CUSTOMIZED TRAINING | Organization Customized Training | 0.00  |

## Section 2: General Program Standards

### 2.1.2.a. - Service Delivery Using Information and Communication Technologies

As appropriate, personnel who deliver services via information and communication technologies receive documented competency-based training on:

## How to deliver services effectively via information and communication technologies

| Module Code      | Module Name                                                  | Hours |
|------------------|--------------------------------------------------------------|-------|
| REL-BHC-0-DCST   | Conducting Clinical Assessments via Telehealth               | 1.00  |
| REL-BHC-0-ELGTSD | Ethical and Legal Guidelines for Telehealth Service Delivery | 1.25  |
| REL-BHC-0-PTC    | Practicing Telehealth with Children                          | 2.00  |
| REL-BHC-0-PHS    | Telehealth with Individuals with Serious Mental Illness      | 1.00  |

## Section 2: General Program Standards

### 2.1.2.b. - Service Delivery Using Information and Communication Technologies

As appropriate, personnel who deliver services via information and communication technologies receive documented competency-based training on equipment:

**Features;**  
**Setup;**

Use;  
Maintenance;  
Safety considerations;  
Infection control;  
Troubleshooting

| Module Code             | Module Name                                                         | Hours |
|-------------------------|---------------------------------------------------------------------|-------|
| REL-ALL-0-HDDSMC        | HIPAA: Do's and Don'ts of Social Media and Electronic Communication | 0.50  |
| ORG CUSTOMIZED TRAINING | Organization Customized Training                                    | 0.00  |

### Section 3: Core Treatment Program Standards

#### 3.D.11. - Court Treatment (CT)

Training for court treatment program personnel is provided prior to the delivery of services and includes:

**Regular interdisciplinary joint cross-training related to clinical and criminal justice issues**

| Module Code       | Module Name                                                      | Hours |
|-------------------|------------------------------------------------------------------|-------|
| REL-ACCRED1       | Choose Appropriate Courses from Relias Learning Libraries        | 0.00  |
| REL-BHC-0-SUTJII  | Substance Use Treatment with Justice Involved Individuals        | 1.25  |
| REL-BHC-0-WJIYBHN | Working with Justice Involved Youth with Behavioral Health Needs | 1.50  |

**Requirements imposed on personnel from the criminal justice system who participate on the treatment team**

| Module Code             | Module Name                      | Hours |
|-------------------------|----------------------------------|-------|
| ORG CUSTOMIZED TRAINING | Organization Customized Training | 0.00  |

**Safeguards that are available to personnel**

| Module Code             | Module Name                      | Hours |
|-------------------------|----------------------------------|-------|
| ORG CUSTOMIZED TRAINING | Organization Customized Training | 0.00  |

### Section 3: Core Treatment Program Standards

#### 3.E.12. - Crisis Programs (CP), Crisis Contact Center (CP:CCC)

Individuals providing services demonstrate competencies in:

### Service level determination

| Module Code             | Module Name                      | Hours |
|-------------------------|----------------------------------|-------|
| ORG CUSTOMIZED TRAINING | Organization Customized Training | 0.00  |

### Mandatory reporting requirements

| Module Code             | Module Name                      | Hours |
|-------------------------|----------------------------------|-------|
| ORG CUSTOMIZED TRAINING | Organization Customized Training | 0.00  |

### Coordination of care

| Module Code   | Module Name              | Hours |
|---------------|--------------------------|-------|
| REL-BHC-0-CCM | Case and Care Management | 1.00  |

### Active rescue

| Module Code             | Module Name                      | Hours |
|-------------------------|----------------------------------|-------|
| ORG CUSTOMIZED TRAINING | Organization Customized Training | 0.00  |

### Crisis intervention techniques

| Module Code             | Module Name                                      | Hours |
|-------------------------|--------------------------------------------------|-------|
| ORG CUSTOMIZED TRAINING | Organization Customized Training                 | 0.00  |
| REL-BHC-0-RRPC          | Recognizing and Responding to a Person in Crisis | 1.50  |

### Safety assessment

| Module Code             | Module Name                      | Hours |
|-------------------------|----------------------------------|-------|
| ORG CUSTOMIZED TRAINING | Organization Customized Training | 0.00  |

### Safety planning

| Module Code     | Module Name                                                | Hours |
|-----------------|------------------------------------------------------------|-------|
| REL-BHC-0-ISPHA | In Session: Practicing Clinical Skills for Safety Planning | 1.00  |

### Counseling on access to lethal means



| Module Code   | Module Name             | Hours |
|---------------|-------------------------|-------|
| REL-BHC-0-PHQ | Lethal Means Counseling | 1.00  |

### Section 3: Core Treatment Program Standards

3.E.21. Crisis Programs (CP), Crisis Contact Center (CP:CCC)

All direct service personnel receive competency-based training at orientation and regular intervals in:

#### First aid

| Module Code       | Module Name                                              | Hours |
|-------------------|----------------------------------------------------------|-------|
| CPR/BLS/FIRST AID | CPR/BLS/First Aid Certification (Available For Purchase) | 0.00  |
| REL-PAC-0-FAS1    | First Aid: Section 1                                     | 1.00  |
| REL-PAC-0-FAS2    | First Aid: Section 2                                     | 1.00  |
| REL-ALL-0-RFFA    | Refresher for First Aid                                  | 0.50  |

#### CPR

| Module Code       | Module Name                                              | Hours |
|-------------------|----------------------------------------------------------|-------|
| CPR/BLS/FIRST AID | CPR/BLS/First Aid Certification (Available For Purchase) | 0.00  |
| REL-ALL-0-RCPR    | Refresher for CPR                                        | 1.00  |

#### The use of emergency equipment, when present

| Module Code             | Module Name                      | Hours |
|-------------------------|----------------------------------|-------|
| ORG CUSTOMIZED TRAINING | Organization Customized Training | 0.00  |

### Section 3: Core Treatment Program Standards

3.E.37. Crisis Programs (CP), Crisis Stabilization (CP:CS)

All direct service personnel receive competency-based training at orientation and regular intervals in:

#### First Aid

| Module Code    | Module Name             | Hours |
|----------------|-------------------------|-------|
| REL-PAC-0-FAS1 | First Aid: Section 1    | 1.00  |
| REL-PAC-0-FAS2 | First Aid: Section 2    | 1.00  |
| REL-ALL-0-RFFA | Refresher for First Aid | 0.50  |

## Cardiopulmonary resuscitation (CPR)

| Module Code       | Module Name                                              | Hours |
|-------------------|----------------------------------------------------------|-------|
| CPR/BLS/FIRST AID | CPR/BLS/First Aid Certification (Available For Purchase) | 0.00  |

## The use of emergency equipment, when present

| Module Code             | Module Name                      | Hours |
|-------------------------|----------------------------------|-------|
| ORG CUSTOMIZED TRAINING | Organization Customized Training | 0.00  |

## Section 3: Core Treatment Program Standards

### 3.E.38. Crisis Programs (CP), Crisis Stabilization (CP:CS)

In accordance with their roles and responsibilities, the program provides documented, competency-based training to all personnel at orientation and regular intervals that includes, at a minimum:

## De-escalation techniques

| Module Code             | Module Name                                    | Hours |
|-------------------------|------------------------------------------------|-------|
| ORG CUSTOMIZED TRAINING | Organization Customized Training               | 0.00  |
| REL-BHC-0-PDHS          | Preventing and De-escalating Crisis Situations | 1.25  |

## Engagement of persons served who are in acute crisis

| Module Code    | Module Name                                      | Hours |
|----------------|--------------------------------------------------|-------|
| REL-BHC-0-CMBP | Crisis Management Basics for Paraprofessionals   | 1.00  |
| REL-BHC-0-RRPC | Recognizing and Responding to a Person in Crisis | 1.50  |

## Legal status of persons served

| Module Code             | Module Name                      | Hours |
|-------------------------|----------------------------------|-------|
| ORG CUSTOMIZED TRAINING | Organization Customized Training | 0.00  |

## Risk assessment

| Module Code     | Module Name                                         | Hours |
|-----------------|-----------------------------------------------------|-------|
| REL-BHC-0-ARODV | Assessing Risk of Other-Directed Violence in Adults | 1.25  |

## Trauma-informed approaches

| Module Code        | Module Name                                                               | Hours |
|--------------------|---------------------------------------------------------------------------|-------|
| REL-BHC-0-AITIC    | An Introduction to Trauma-Informed Care                                   | 1.50  |
| REL-BHC-0-OHBHDIT  | Overview of How Behavioral Health Disorders are Impacted by Trauma        | 1.50  |
| REL-BHC-0-TICDCPSS | Trauma-Informed Care Delivery for Clinicians and Peer Support Specialists | 1.25  |

### Section 3: Core Treatment Program Standards

#### 3.G.14. - Detoxification/Withdrawal Management (DTX)

All direct service personnel providing detoxification/withdrawal management receive competency-based training in:

Note: Licensed nursing staff and physician are exempt from this requirement as their professional training and licensing ensure competency.

#### First aid

| Module Code       | Module Name                                              | Hours |
|-------------------|----------------------------------------------------------|-------|
| CPR/BLS/FIRST AID | CPR/BLS/First Aid Certification (Available For Purchase) | 0.00  |
| REL-PAC-0-FAS1    | First Aid: Section 1                                     | 1.00  |
| REL-PAC-0-FAS2    | First Aid: Section 2                                     | 1.00  |
| REL-ALL-0-RFFA    | Refresher for First Aid                                  | 0.50  |

#### Cardiopulmonary resuscitation (CPR)

| Module Code       | Module Name                                              | Hours |
|-------------------|----------------------------------------------------------|-------|
| CPR/BLS/FIRST AID | CPR/BLS/First Aid Certification (Available For Purchase) | 0.00  |
| REL-ALL-0-RCPR    | Refresher for CPR                                        | 1.00  |

#### The use of emergency equipment, when present

| Module Code             | Module Name                      | Hours |
|-------------------------|----------------------------------|-------|
| ORG CUSTOMIZED TRAINING | Organization Customized Training | 0.00  |

### Section 3: Core Treatment Program Standards

#### 3.G.16. - Detoxification/Withdrawal Management (DTX)

The detoxification/withdrawal management program provides documented, competency-based training to direct service personnel at orientation and at regular intervals, that includes, at a minimum, the following topics:

#### Risk assessment

| Module Code             | Module Name                      | Hours |
|-------------------------|----------------------------------|-------|
| ORG CUSTOMIZED TRAINING | Organization Customized Training | 0.00  |

### Detoxification/withdrawal management protocols

| Module Code             | Module Name                      | Hours |
|-------------------------|----------------------------------|-------|
| REL-BHC-0-HRSU          | Harm Reduction in Substance Use  | 1.25  |
| ORG CUSTOMIZED TRAINING | Organization Customized Training | 0.00  |

### Withdrawal syndromes

| Module Code             | Module Name                      | Hours |
|-------------------------|----------------------------------|-------|
| ORG CUSTOMIZED TRAINING | Organization Customized Training | 0.00  |

## Section 3: Core Treatment Program Standards

### 3.G.28. - Detoxification/Withdrawal Management (DTX)

The detoxification/withdrawal management program implements written procedures that address drug-screening practices, including:

### Education on drug screening practices for persons served, family/support system, and personnel

| Module Code             | Module Name                                                | Hours |
|-------------------------|------------------------------------------------------------|-------|
| ORG CUSTOMIZED TRAINING | Organization Customized Training                           | 0.00  |
| REL-BHC-0-SBISUI        | Screening and Brief Interventions for Substance Use Issues | 1.50  |

## Section 3: Core Treatment Program Standards

### 3.H.9. - Health Home (HH)

The health home program provides documented cross-training to direct service personnel at orientation and regular intervals that addresses the most common conditions prevalent in the population served, including:

### Physical health conditions

| Module Code      | Module Name                                                  | Hours |
|------------------|--------------------------------------------------------------|-------|
| REL-BHC-0-ADOBHP | About Diabetes: Overview for Behavioral Health Professionals | 1.00  |
| REL-BHC-0-IPBH   | Integration of Primary and Behavioral Healthcare             | 1.25  |
| REL-BHC-ICOD     | Introduction to Co-Occurring Disorders                       | 1.25  |

|                   |                                                                            |      |
|-------------------|----------------------------------------------------------------------------|------|
| REL-BHC-0-MRCDBHC | Mitigating Risk for Cardiovascular Disease Among Behavioral Health Clients | 1.75 |
|-------------------|----------------------------------------------------------------------------|------|

## Mental health conditions

| Module Code        | Module Name                                                                | Hours |
|--------------------|----------------------------------------------------------------------------|-------|
| REL-BHC-0-AOBRD    | An Overview of Bipolar and Related Disorders                               | 1.75  |
| REL-BHC-0-AATOCRD  | Assessing and Treating Obsessive-Compulsive and Related Disorders          | 1.75  |
| REL-BHC-0-OSSOPDP  | Schizophrenia Spectrum and Other Psychotic Disorders for Paraprofessionals | 1.00  |
| REL-BHC-0-ETS      | Symptoms, Etiology, and Recovery-Focused Interventions for Schizophrenia   | 1.25  |
| REL-HHS-0-OTSRD-V2 | Traumatic Stress Disorders in Children and Adolescents                     | 2.00  |

## Substance use disorders

| Module Code        | Module Name                                                              | Hours |
|--------------------|--------------------------------------------------------------------------|-------|
| REL-BHC-0-AOSUD    | An Overview of Substance Use Disorders                                   | 1.00  |
| REL-HHS-0-SUFPP-V2 | Substance Use and the Family for Paraprofessionals                       | 1.25  |
| REL-BHC-0-USCMTSUD | Using the Stages of Change Model in Treatment of Substance Use Disorders | 1.50  |

## Section 3: Core Treatment Program Standards

### 3.I.16. - Inpatient Treatment (IT)

All direct service personnel receive competency-based training in:

Note: Licensed nursing staff and physicians are exempt from this requirement as their professional training and licensing ensure competency.

## First aid

| Module Code       | Module Name                                              | Hours |
|-------------------|----------------------------------------------------------|-------|
| CPR/BLS/FIRST AID | CPR/BLS/First Aid Certification (Available For Purchase) | 0.00  |
| REL-PAC-0-FAS1    | First Aid: Section 1                                     | 1.00  |
| REL-PAC-0-FAS2    | First Aid: Section 2                                     | 1.00  |
| REL-ALL-0-RFFA    | Refresher for First Aid                                  | 0.50  |

## Cardiopulmonary resuscitation (CPR)

| Module Code       | Module Name                                              | Hours |
|-------------------|----------------------------------------------------------|-------|
| CPR/BLS/FIRST AID | CPR/BLS/First Aid Certification (Available For Purchase) | 0.00  |
| REL-ALL-0-RCPR    | Refresher for CPR                                        | 1.00  |

### The use of emergency equipment

| Module Code             | Module Name                      | Hours |
|-------------------------|----------------------------------|-------|
| ORG CUSTOMIZED TRAINING | Organization Customized Training | 0.00  |

## Section 3: Core Treatment Program Standards

### 3.1.19. - Inpatient Treatment (IT)

The inpatient treatment program provides documented, competency-based training to direct service personnel at orientation and regular intervals, that includes, at a minimum, the following topics:

### De-escalation techniques

| Module Code     | Module Name                                                                     | Hours |
|-----------------|---------------------------------------------------------------------------------|-------|
| REL-BHC-0-CCMSP | Communication and Conflict Management for Children's Services Paraprofessionals | 1.00  |
| REL-BHC-0-PDHS  | Preventing and De-escalating Crisis Situations                                  | 1.25  |
| REL-BHC-0-RRPC  | Recognizing and Responding to a Person in Crisis                                | 1.50  |

### Risk assessment

| Module Code      | Module Name                                                | Hours |
|------------------|------------------------------------------------------------|-------|
| REL-BHC-0-ASSR   | Assessing and Screening for Suicide Risk                   | 1.50  |
| REL-BHC-0-OEBSSI | Overview of Evidence-Based, Suicide-Specific Interventions | 1.50  |

### Trauma-informed approaches

| Module Code        | Module Name                                                               | Hours |
|--------------------|---------------------------------------------------------------------------|-------|
| REL-BHC-0-AITIC    | An Introduction to Trauma-Informed Care                                   | 1.50  |
| REL-BHC-0-AOTDAP   | An Overview of Trauma Disorders in Adults for Paraprofessionals           | 1.00  |
| REL-BHC-0-OHBHDIT  | Overview of How Behavioral Health Disorders are Impacted by Trauma        | 1.50  |
| REL-BHC-0-TICDCPSS | Trauma-Informed Care Delivery for Clinicians and Peer Support Specialists | 1.25  |

## Section 3: Core Treatment Program Standards

### 3.M.8. - Office-Based Opioid Treatment Program (OBOT)

The office-based opioid treatment program provides documented training and education to direct service personnel at orientation and regular intervals that includes, at a minimum, the following topics:

#### Chronic disease model of addiction

| Module Code      | Module Name                                                        | Hours |
|------------------|--------------------------------------------------------------------|-------|
| REL-BHC-0-BMSRAD | Biopsychosocial Model of Substance-Related and Addictive Disorders | 1.00  |
| REL-ACCRED1      | Choose Appropriate Courses from Relias Learning Libraries          | 0.00  |

#### Behaviors associated with addiction

| Module Code | Module Name                                               | Hours |
|-------------|-----------------------------------------------------------|-------|
| REL-ACCRED1 | Choose Appropriate Courses from Relias Learning Libraries | 0.00  |

#### Concepts of medications for addiction treatment

| Module Code       | Module Name                                               | Hours |
|-------------------|-----------------------------------------------------------|-------|
| REL-ACCRED1       | Choose Appropriate Courses from Relias Learning Libraries | 0.00  |
| REL-BHC-0-OMATOUD | Overview of Medications for Opioid Use Disorder           | 1.25  |

#### Overdose prevention and response

| Module Code | Module Name                                               | Hours |
|-------------|-----------------------------------------------------------|-------|
| REL-ACCRED1 | Choose Appropriate Courses from Relias Learning Libraries | 0.00  |

#### Specimen collection for drug testing

| Module Code             | Module Name                      | Hours |
|-------------------------|----------------------------------|-------|
| ORG CUSTOMIZED TRAINING | Organization Customized Training | 0.00  |

## Section 3: Core Treatment Program Standards

### 3.Q.12. - Residential Treatment (RT)

In a residential treatment program, all direct service personnel receive competency-based training in:

Note: Licensed nursing staff and physicians are exempt from this requirement as their professional training and licensing ensure competency.

### First aid

| Module Code       | Module Name                                              | Hours |
|-------------------|----------------------------------------------------------|-------|
| CPR/BLS/FIRST AID | CPR/BLS/First Aid Certification (Available For Purchase) | 0.00  |
| REL-PAC-0-FAS1    | First Aid: Section 1                                     | 1.00  |
| REL-PAC-0-FAS2    | First Aid: Section 2                                     | 1.00  |
| REL-ALL-0-RFFA    | Refresher for First Aid                                  | 0.50  |

### Cardiopulmonary resuscitation (CPR)

| Module Code       | Module Name                                              | Hours |
|-------------------|----------------------------------------------------------|-------|
| CPR/BLS/FIRST AID | CPR/BLS/First Aid Certification (Available For Purchase) | 0.00  |
| REL-ALL-0-RCPR    | Refresher for CPR                                        | 1.00  |

### The use of emergency equipment

| Module Code             | Module Name                      | Hours |
|-------------------------|----------------------------------|-------|
| ORG CUSTOMIZED TRAINING | Organization Customized Training | 0.00  |

## Section 3: Core Treatment Program Standards

### 3.Q.14. - Residential Treatment (RT)

The residential treatment program provides documented, competency-based training to direct service personnel at orientation and regular intervals that includes, at a minimum, the following topics:

### De-escalation techniques

| Module Code    | Module Name                                      | Hours |
|----------------|--------------------------------------------------|-------|
| REL-BHC-0-PDHS | Preventing and De-escalating Crisis Situations   | 1.25  |
| REL-BHC-0-RRPC | Recognizing and Responding to a Person in Crisis | 1.50  |

### Risk assessment

| Module Code      | Module Name                                                | Hours |
|------------------|------------------------------------------------------------|-------|
| REL-BHC-0-ASSR   | Assessing and Screening for Suicide Risk                   | 1.50  |
| REL-BHC-0-OEBSSI | Overview of Evidence-Based, Suicide-Specific Interventions | 1.50  |



## Trauma-informed approaches

| Module Code        | Module Name                                                               | Hours |
|--------------------|---------------------------------------------------------------------------|-------|
| REL-BHC-0-AITIC    | An Introduction to Trauma-Informed Care                                   | 1.50  |
| REL-BHC-0-AOTDAP   | An Overview of Trauma Disorders in Adults for Paraprofessionals           | 1.00  |
| REL-BHC-0-OHBHDIT  | Overview of How Behavioral Health Disorders are Impacted by Trauma        | 1.50  |
| REL-BHC-0-TICDCPSS | Trauma-Informed Care Delivery for Clinicians and Peer Support Specialists | 1.25  |

## Section 3: Core Treatment Program Standards

### 3.R.2. - Specialized or Treatment Foster Care (STFC)

The specialized or treatment foster care program provides or arranges for documented, competency-based training to meet the identified needs of the children/youth served to personnel and specialized or treatment foster care providers at orientation and regular intervals that covers:

Note: Some suggested modules may be available in the Children, Youth, and Families Services Library.

## Attachment theory

| Module Code             | Module Name                      | Hours |
|-------------------------|----------------------------------|-------|
| REL-BHC-0-AD            | Attachment Disorders             | 1.50  |
| ORG CUSTOMIZED TRAINING | Organization Customized Training | 0.00  |

## Trauma

| Module Code        | Module Name                                                        | Hours |
|--------------------|--------------------------------------------------------------------|-------|
| REL-BHC-0-AITIC    | An Introduction to Trauma-Informed Care                            | 1.50  |
| REL-BHC-0-AOTICNCS | An Overview of Trauma-Informed Care for Non-Clinical Staff         | 1.00  |
| REL-BHC-0-OHBHDIT  | Overview of How Behavioral Health Disorders are Impacted by Trauma | 1.50  |
| REL-HHS-0-OTSRD-V2 | Traumatic Stress Disorders in Children and Adolescents             | 2.00  |

## Child/youth growth and development

| Module Code       | Module Name                                         | Hours |
|-------------------|-----------------------------------------------------|-------|
| REL-BHC-0-DCCA    | Developmental Concerns in Childhood and Adolescence | 1.50  |
| REL-BHC-0-DSFBFYO | Developmental Stages from Birth to Five Years Old   | 0.75  |

## Behavioral management skills

| Module Code      | Module Name                                                                 | Hours |
|------------------|-----------------------------------------------------------------------------|-------|
| REL-BHC-0-APCBEC | Addressing and Preventing Challenging Behavior in Early Childhood           | 0.50  |
| REL-BHC-0-BSRURS | Behavioral Supports to Reduce the Use of Restraint and Seclusion with Youth | 1.00  |
| REL-BHC-0-PBSCP  | Positive Behavior Support for Children for Paraprofessionals                | 1.00  |

## Learning theory

| Module Code             | Module Name                                                            | Hours |
|-------------------------|------------------------------------------------------------------------|-------|
| REL-BHC-0-APAPMLT       | Activities for Preschoolers: Active Play as a Meaningful Learning Tool | 0.50  |
| REL-BHC-0-APLD          | Activities for Preschoolers: Language Development                      | 0.50  |
| REL-BHC-0-ISEDEC        | Introduction to Social and Emotional Development in Early Childhood    | 0.50  |
| ORG CUSTOMIZED TRAINING | Organization Customized Training                                       | 0.00  |

## Cultural competency and diversity

| Module Code       | Module Name                                                                    | Hours |
|-------------------|--------------------------------------------------------------------------------|-------|
| REL-ALL-0-CDIV    | Cultural Competence                                                            | 0.50  |
| REL-BHC-0-DEIAIMC | DEI: An Introduction to Multicultural Care                                     | 1.00  |
| REL-BHC-0-ICATBH  | Influence of Culture on Care in Behavioral Health for Paraprofessionals        | 0.50  |
| REL-BHC-0-ICVBHP  | Introduction to Cultural Variations in Behavioral Health for Paraprofessionals | 0.50  |
| REL-BHC-0-UMCBP   | Understanding and Minimizing Cultural Bias for Paraprofessionals               | 1.00  |

## The effects of placement on children/youth

| Module Code        | Module Name                                                                 | Hours |
|--------------------|-----------------------------------------------------------------------------|-------|
| REL-BHC-0-ABHNIICW | Addressing Behavioral Health Needs of Individuals Involved in Child Welfare | 1.25  |
| REL-BHC-0-EFMCP    | Engaging Family Members in Crisis Planning                                  | 1.00  |
| REL-BHC-0-PNYFCS   | Promoting Normalcy for Youth in Foster Care Settings                        | 1.00  |

## Applicable legal issues

| Module Code             | Module Name                                                      | Hours |
|-------------------------|------------------------------------------------------------------|-------|
| ORG CUSTOMIZED TRAINING | Organization Customized Training                                 | 0.00  |
| REL-BHC-0-WJIYBHN       | Working with Justice Involved Youth with Behavioral Health Needs | 1.50  |

## Communication skills

| Module Code     | Module Name                                                                     | Hours |
|-----------------|---------------------------------------------------------------------------------|-------|
| REL-BHC-0-CCMSP | Communication and Conflict Management for Children's Services Paraprofessionals | 1.00  |

## Required medications and/or medical services

| Module Code             | Module Name                                                            | Hours |
|-------------------------|------------------------------------------------------------------------|-------|
| ORG CUSTOMIZED TRAINING | Organization Customized Training                                       | 0.00  |
| REL-BHC-0-OMAUP         | Overview of Medication Administration for Unlicensed Paraprofessionals | 0.50  |
| REL-BHC-0-OMAUP         | Overview of Medication Administration for Unlicensed Paraprofessionals | 0.50  |
| REL-BHC-0-PMAOP         | Psychiatric Medications: An Overview for Paraprofessionals             | 1.50  |

## Other specialized training as needed

| Module Code             | Module Name                      | Hours |
|-------------------------|----------------------------------|-------|
| ORG CUSTOMIZED TRAINING | Organization Customized Training | 0.00  |

## Section 4: Core Support Program Standards

### 4.B.2. - Information Call Centers (ICC)

The call center program provides documented orientation and training at regular intervals to persons providing services that is guided by:

1. A written training plan
2. A detailed curriculum
3. Post-training assessment of competency

| Module Code             | Module Name                      | Hours |
|-------------------------|----------------------------------|-------|
| ORG CUSTOMIZED TRAINING | Organization Customized Training | 0.00  |

## Section 4: Core Support Program Standards

### 4.B.3 - Information Call Centers (ICC)

The call center training program includes:

1. Mechanisms for modeling and evaluation
2. Updates to reflect current community issues or trends
3. Field trends or research

| Module Code             | Module Name                      | Hours |
|-------------------------|----------------------------------|-------|
| ORG CUSTOMIZED TRAINING | Organization Customized Training | 0.00  |

## Section 4: Core Support Program Standards

### 4.D.6. - Comprehensive Suicide Prevention Program (CSPP)

Based on their roles and responsibilities, the comprehensive suicide prevention program provides documented, competency-based training to personnel at orientation and regular intervals, that includes, at a minimum, the following topics:

#### Suicide risk factors

| Module Code    | Module Name                              | Hours |
|----------------|------------------------------------------|-------|
| REL-BHC-0-ASSR | Assessing and Screening for Suicide Risk | 1.50  |

#### Suicide protective factors

| Module Code        | Module Name                                                         | Hours |
|--------------------|---------------------------------------------------------------------|-------|
| REL-BHC-0-ASSR     | Assessing and Screening for Suicide Risk                            | 1.50  |
| REL-BHC-0-CBIRSR   | Community-Based Interventions to Reduce Suicide Risk                | 1.75  |
| REL-BHC-0-ISPCSPSA | In Session: Practicing Clinical Skills to Prevent Suicide in Adults | 1.25  |
| REL-BHC-0-PSARP    | Preventing Suicide in Adults: The Role of Paraprofessionals         | 0.75  |

#### Suicide concepts and facts

| Module Code     | Module Name                              | Hours |
|-----------------|------------------------------------------|-------|
| REL-BHC-0-ASSR  | Assessing and Screening for Suicide Risk | 1.50  |
| REL-BHC-0-SSDCS | Suicide Screening for Direct Care Staff  | 0.50  |

#### Evidence-informed communication, including safe messaging guidelines

| Module Code      | Module Name                                          | Hours |
|------------------|------------------------------------------------------|-------|
| REL-BHC-0-CBIRSR | Community-Based Interventions to Reduce Suicide Risk | 1.75  |

### Grief and loss

| Module Code             | Module Name                                       | Hours |
|-------------------------|---------------------------------------------------|-------|
| REL-BHC-0-HSAGP         | Helping to Support Adults in the Grieving Process | 1.25  |
| ORG CUSTOMIZED TRAINING | Organization Customized Training                  | 0.00  |

### Issues related to imminent harm

| Module Code    | Module Name                              | Hours |
|----------------|------------------------------------------|-------|
| REL-BHC-0-ASSR | Assessing and Screening for Suicide Risk | 1.50  |

### Legal and regulatory considerations for persons at risk for suicide

| Module Code      | Module Name                                          | Hours |
|------------------|------------------------------------------------------|-------|
| REL-BHC-0-CBIRSR | Community-Based Interventions to Reduce Suicide Risk | 1.75  |

### Means safety

| Module Code   | Module Name             | Hours |
|---------------|-------------------------|-------|
| REL-BHC-0-PHQ | Lethal Means Counseling | 1.00  |

### Postvention

| Module Code      | Module Name                                                | Hours |
|------------------|------------------------------------------------------------|-------|
| REL-BHC-0-EIAS   | Effective Intervention in the Aftermath of a Suicide       | 1.25  |
| REL-BHC-0-OEBSSI | Overview of Evidence-Based, Suicide-Specific Interventions | 1.50  |

### Referral process to network resources and services to meet the needs of persons served

| Module Code      | Module Name                                          | Hours |
|------------------|------------------------------------------------------|-------|
| REL-BHC-0-CBIRSR | Community-Based Interventions to Reduce Suicide Risk | 1.75  |

|                  |                                                            |      |
|------------------|------------------------------------------------------------|------|
| REL-BHC-0-OEBSSI | Overview of Evidence-Based, Suicide-Specific Interventions | 1.50 |
|------------------|------------------------------------------------------------|------|

### Safety planning

| Module Code     | Module Name                                                | Hours |
|-----------------|------------------------------------------------------------|-------|
| REL-BHC-0-ISPHA | In Session: Practicing Clinical Skills for Safety Planning | 1.00  |

### Trauma-informed care

| Module Code        | Module Name                                                               | Hours |
|--------------------|---------------------------------------------------------------------------|-------|
| REL-BHC-0-AITIC    | An Introduction to Trauma-Informed Care                                   | 1.50  |
| REL-BHC-0-AOTICNCS | An Overview of Trauma-Informed Care for Non-Clinical Staff                | 1.00  |
| REL-BHC-0-TICDCPSS | Trauma-Informed Care Delivery for Clinicians and Peer Support Specialists | 1.25  |

## Section 4: Core Support Program Standards

### 4.F.8.b. - Employee Assistance (EA)

All employee assistance program personnel have training in:

### Employee assistance program-related functions

| Module Code             | Module Name                      | Hours |
|-------------------------|----------------------------------|-------|
| ORG CUSTOMIZED TRAINING | Organization Customized Training | 0.00  |

## Section 4: Core Support Program Standards

### 4.F.14. - Employee Assistance (EA)

If specified in written agreement with the host or contracting organization, employee assistance program personnel are trained in:

### The scope of the employee assistance program

| Module Code             | Module Name                      | Hours |
|-------------------------|----------------------------------|-------|
| ORG CUSTOMIZED TRAINING | Organization Customized Training | 0.00  |

### The procedures for referral

| Module Code          | Module Name                                   | Hours |
|----------------------|-----------------------------------------------|-------|
| ORG POLICY/PROCEDURE | Organization-Specific Policies and Procedures | 0.00  |

## Section 5: Specific Population Designation Standards

### 5.A.3. - Adults with Autism Spectrum Disorder (ASD:A)

Initial and ongoing training is provided to staff who work with adults with autism spectrum disorder on:

Note: Some suggested modules may be available in the Intellectual and Developmental Disabilities Services Library or the Applied Behavior Analysis Services Library.

### Understanding ASD

| Module Code    | Module Name                               | Hours |
|----------------|-------------------------------------------|-------|
| REL-IDD-0-IASD | Introduction to Autism Spectrum Disorders | 1.00  |

### Evidence-based/generally accepted interventions for ASD

| Module Code       | Module Name                                                            | Hours |
|-------------------|------------------------------------------------------------------------|-------|
| REL-ATS-0-BM2-V2  | Decreasing Behavior                                                    | 1.50  |
| REL-ATS-0-FBA-V2  | Functional Assessment and Behavior Intervention Plans                  | 2.00  |
| REL-ABA-0-IETASD  | Interventions for Elopement for those with ASD                         | 1.00  |
| REL-IDD-0-SSIIASD | Social Integration Strategies for People with Autism Spectrum Disorder | 0.75  |

### Needs of families with children with ASD, when appropriate to the ages served

| Module Code      | Module Name                                             | Hours |
|------------------|---------------------------------------------------------|-------|
| REL-IDD-0-CWF    | Communication with Families                             | 0.50  |
| REL-IDD-0-RBT3   | Communication with Families and Professional Boundaries | 1.25  |
| REL-ATS-0-VB3-V2 | Working with Families of Individuals with Autism        | 1.00  |

### Supports that are available for families as well as the person with ASD

| Module Code        | Module Name                                             | Hours |
|--------------------|---------------------------------------------------------|-------|
| REL-IDD-0-SPASD    | Supporting People with Autism Spectrum Disorder         | 1.00  |
| REL-IDD-0-SIIDDCOD | Supporting People with IDD and Mental Health Conditions | 1.00  |
| REL-IDD-0-SQL      | Supporting Quality of Life for Individuals with IDD     | 1.00  |

## Communication techniques

| Module Code   | Module Name              | Hours |
|---------------|--------------------------|-------|
| REL-IDD-0-MOC | Methods of Communication | 0.50  |

## Section 5: Specific Population Designation Standards

### 5.B.3. - Children/Adolescents with Autism Spectrum Disorder (ASD:C)

Initial and ongoing training is provided for staff working with children/adolescents with autism spectrum disorder on:

Note: Some suggested modules may be available in the Intellectual and Developmental Disabilities Services Library or the Applied Behavior Analysis Services Library.

## Understanding ASD

| Module Code       | Module Name                                    | Hours |
|-------------------|------------------------------------------------|-------|
| REL-IDD-0-ODTD-V2 | An Overview of Different Types of Disabilities | 1.00  |
| REL-IDD-0-IASD    | Introduction to Autism Spectrum Disorders      | 1.00  |

## Evidence-based/generally accepted interventions for ASD

| Module Code       | Module Name                                                            | Hours |
|-------------------|------------------------------------------------------------------------|-------|
| REL-ATS-0-FBA-V2  | Functional Assessment and Behavior Intervention Plans                  | 2.00  |
| REL-ABA-0-IETASD  | Interventions for Elopement for those with ASD                         | 1.00  |
| REL-IDD-0-SSIIASD | Social Integration Strategies for People with Autism Spectrum Disorder | 0.75  |

## Needs of families with children with ASD, when appropriate to the ages served

| Module Code      | Module Name                                             | Hours |
|------------------|---------------------------------------------------------|-------|
| REL-IDD-0-CWF    | Communication with Families                             | 0.50  |
| REL-IDD-0-RBT3   | Communication with Families and Professional Boundaries | 1.25  |
| REL-ATS-0-VB3-V2 | Working with Families of Individuals with Autism        | 1.00  |

## Supports that are available for families as well as the person with ASD

| Module Code      | Module Name                                | Hours |
|------------------|--------------------------------------------|-------|
| REL-ABA-0-SSCADD | Safety Skills for Children with ASD or IDD | 1.50  |



|                    |                                                         |      |
|--------------------|---------------------------------------------------------|------|
| REL-IDD-0-SIIDDCOD | Supporting People with IDD and Mental Health Conditions | 1.00 |
| REL-IDD-0-SQL      | Supporting Quality of Life for Individuals with IDD     | 1.00 |

## Communication techniques

| Module Code          | Module Name                        | Hours |
|----------------------|------------------------------------|-------|
| REL-IDD-0-MOC        | Methods of Communication           | 0.50  |
| REL-ATS-0-ECHOICS-V2 | Teaching Expressive Language       | 2.00  |
| REL-ATS-0-TRL1-V2    | Teaching Receptive Language Skills | 1.25  |

## Section 5: Specific Population Designation Standards

5.E.5.b. and c. - Criminal Justice (CJ)

Training for criminal justice program personnel is provided prior to the delivery of services and includes:

Note: Some suggested modules may be available in the Public Safety Services Library.

## Regular interdisciplinary cross-training related to clinical and criminal justice issues

| Module Code    | Module Name                                                 | Hours |
|----------------|-------------------------------------------------------------|-------|
| REL-PSC-0-MHTC | Behavioral Health Treatment in Corrections: An Introduction | 1.75  |
| REL-ACCRED1    | Choose Appropriate Courses from Relias Learning Libraries   | 0.00  |

## Requirements imposed on personnel from the criminal justice system who participate on the treatment team

| Module Code             | Module Name                      | Hours |
|-------------------------|----------------------------------|-------|
| REL-ALL-0-ETW           | Effective Teamwork               | 0.50  |
| ORG CUSTOMIZED TRAINING | Organization Customized Training | 0.00  |

## Safeguards that are available to workers

| Module Code             | Module Name                      | Hours |
|-------------------------|----------------------------------|-------|
| ORG CUSTOMIZED TRAINING | Organization Customized Training | 0.00  |

## Safety and security practices specific to the setting

| Module Code      | Module Name                                    | Hours |
|------------------|------------------------------------------------|-------|
| REL-PS-0-CESR-V2 | Conducting Effective Security Rounds           | 1.25  |
| REL-PS-0-CCSO-V2 | Controlling Contraband                         | 2.25  |
| REL-PSC-0-ETI    | Overview of Escorting and Transporting Inmates | 1.00  |

### Clinical boundaries

| Module Code       | Module Name                                            | Hours |
|-------------------|--------------------------------------------------------|-------|
| REL-BHC-0-BRBHP   | Boundary Risks for Behavioral Health Paraprofessionals | 0.75  |
| REL-ALL-0-MPBOUND | Maintaining Professional Boundaries                    | 0.50  |

### Correctional boundaries

| Module Code     | Module Name                        | Hours |
|-----------------|------------------------------------|-------|
| REL-PS-0-PEC-V2 | Professional Ethics in Corrections | 2.50  |

### Specialized clinical needs, including dual diagnoses

| Module Code       | Module Name                                                                | Hours |
|-------------------|----------------------------------------------------------------------------|-------|
| REL-ALL-0-CIMPD   | Care for Individuals with Mental and Physical Disabilities                 | 0.50  |
| REL-BHC-0-ICODAPC | Interventions for Co-Occurring Disorders: Advanced Practice for Clinicians | 1.25  |
| REL-BHC-0-OCDP    | Overview of Co-Occurring Disorders for Paraprofessionals                   | 0.75  |
| REL-BHC-0-OSSOPDP | Schizophrenia Spectrum and Other Psychotic Disorders for Paraprofessionals | 1.00  |
| REL-PS-0-UAOCP    | Understanding Addiction: An Overview for Corrections Professionals         | 2.00  |

### Therapeutic community practices and methodologies, when that core program is provided

| Module Code           | Module Name                                               | Hours |
|-----------------------|-----------------------------------------------------------|-------|
| REL-HHS-CASRA-CMTYINC | Community Inclusion                                       | 1.25  |
| REL-BHC-0-ACTEBP      | Overview of Assertive Community Treatment                 | 1.25  |
| REL-BHC-0-SUTJII      | Substance Use Treatment with Justice Involved Individuals | 1.25  |

## Section 5: Specific Population Designation Standards

#### 5.G.4. - Juvenile Justice (JJ)

Training is provided to juvenile justice program personnel prior to the delivery of services and includes:

Note: Some suggested modules may be available in the Public Safety Services Library.

#### Regular interdisciplinary cross-training related to clinical and juvenile justice issues

| Module Code    | Module Name                                                 | Hours |
|----------------|-------------------------------------------------------------|-------|
| REL-PSC-0-MHTC | Behavioral Health Treatment in Corrections: An Introduction | 1.75  |
| REL-ACCRED1    | Choose Appropriate Courses from Relias Learning Libraries   | 0.00  |

#### Requirements imposed on personnel from the juvenile justice system who participate on the treatment team

| Module Code             | Module Name                      | Hours |
|-------------------------|----------------------------------|-------|
| REL-ALL-0-ETW           | Effective Teamwork               | 0.50  |
| ORG CUSTOMIZED TRAINING | Organization Customized Training | 0.00  |

#### Safeguards that are available to workers

| Module Code             | Module Name                                       | Hours |
|-------------------------|---------------------------------------------------|-------|
| ORG CUSTOMIZED TRAINING | Organization Customized Training                  | 0.00  |
| REL-PS-0-RYW-V2         | The Role and Ethical Boundaries of a Youth Worker | 1.25  |

#### Safety practices specific to the setting

| Module Code       | Module Name                                                          | Hours |
|-------------------|----------------------------------------------------------------------|-------|
| REL-PSC-0-SJF1MLM | Suicide in Juvenile Facilities Pt. 1: Methods, Liabilities and Myths | 0.50  |
| REL-PSC-0-SJF2ISR | Suicide in Juvenile Facilities Pt. 2: Identifying Suicide Risk       | 0.75  |

### Section 5: Specific Population Designation Standards

#### 5.I.10. - Older Adults (OA)

The older adults program provides documented training to direct service personnel on topics unique to working with older adults at orientation and regular intervals that includes, at a minimum, the following topics:

#### Addiction

| Module Code       | Module Name                                                         | Hours |
|-------------------|---------------------------------------------------------------------|-------|
| REL-BHC-0-AOSUD   | An Overview of Substance Use Disorders                              | 1.00  |
| REL-BHC-0-BMSRAD  | Biopsychosocial Model of Substance-Related and Addictive Disorders  | 1.00  |
| REL-BHC-0-SASUDOA | Screening and Assessing for Substance Use Disorders in Older Adults | 1.25  |

## Aging

| Module Code    | Module Name                            | Hours |
|----------------|----------------------------------------|-------|
| REL-PAC-0-CDOA | Cultural Diversity and the Older Adult | 1.25  |

## Bereavement

| Module Code      | Module Name                                                | Hours |
|------------------|------------------------------------------------------------|-------|
| REL-BHC-0-DSOA   | Depression and Suicidality in Older Adults                 | 1.25  |
| REL-BHC-0-HSAGP  | Helping to Support Adults in the Grieving Process          | 1.25  |
| REL-BHC-0-OEBSSI | Overview of Evidence-Based, Suicide-Specific Interventions | 1.50  |

## Cognitive decline

| Module Code       | Module Name                                            | Hours |
|-------------------|--------------------------------------------------------|-------|
| REL-BHC-0-IAD     | Interventions for Alzheimer's Disease                  | 1.75  |
| REL-BHC-0-AMDCBOA | Managing Major Neurocognitive Disorder in Older Adults | 1.50  |

## Interaction between behavioral health issues and comorbidities

| Module Code        | Module Name                                                                 | Hours |
|--------------------|-----------------------------------------------------------------------------|-------|
| REL-BHC-0-ADOBHP   | About Diabetes: Overview for Behavioral Health Professionals                | 1.00  |
| REL-BHC-0-HISMIMRD | Helping Individuals with SMI Manage Respiratory Disease                     | 1.50  |
| REL-BHC-0-IDOHBH   | Impact of Dental and Oral Health in Behavioral Health for Paraprofessionals | 0.75  |
| REL-BHC-0-IPBH     | Integration of Primary and Behavioral Healthcare                            | 1.25  |
| REL-BHC-0-MRCDBHC  | Mitigating Risk for Cardiovascular Disease Among Behavioral Health Clients  | 1.75  |

## Mental illness

| Module Code           | Module Name                                                                | Hours |
|-----------------------|----------------------------------------------------------------------------|-------|
| REL-BHC-0-DSOA        | Depression and Suicidality in Older Adults                                 | 1.25  |
| REL-BHC-MHA-0-ITADAOA | Identifying and Treating Anxiety Disorders Among Older Adults              | 1.25  |
| REL-BHC-0-OBHIOAP     | Overview of Behavioral Health Issues in Older Adults for Paraprofessionals | 1.00  |

## Respecting autonomy

| Module Code      | Module Name                                                 | Hours |
|------------------|-------------------------------------------------------------|-------|
| REL-BHC-0-APCPBH | Approaches to Person-Centered Planning in Behavioral Health | 1.00  |
| REL-PAC-0-CDOA   | Cultural Diversity and the Older Adult                      | 1.25  |
| REL-PAC-0-ENCCI  | Encouraging Client Independence                             | 1.00  |

## Substance use

| Module Code       | Module Name                                                         | Hours |
|-------------------|---------------------------------------------------------------------|-------|
| REL-BHC-0-SASUDOA | Screening and Assessing for Substance Use Disorders in Older Adults | 1.25  |

## Other, as appropriate

| Module Code | Module Name                                               | Hours |
|-------------|-----------------------------------------------------------|-------|
| REL-ACCRED1 | Choose Appropriate Courses from Relias Learning Libraries | 0.00  |