## MEMBERSHIP MONDAY Cont



# MONDAY: Central Boston Elder Services

Highlighting Central Boston Elder Services' (CBES) Impact on the Community

At the Providers' Council, we are proud to highlight the impactful work of our members who are making a difference across the Commonwealth. This week, for Membership Monday, we are featuring Central Boston Elder Services (CBES), a mission-driven organization dedicated to supporting older adults and individuals with disabilities throughout Greater Boston. For nearly 50 years, CBES has provided high-quality, person-centered care through a wide range of programs, such as home care and protective services to housing, caregiver support, and community-based health coordination, helping individuals maintain independence, dignity, and a strong connection to the communities they love.

### Who is Central Boston Elder Services and What Do They Do?

At Central Boston Elder Services (CBES), founded in 1974 by local community leaders and elder advocates, the organization emerged to address the needs of an underserved population in Boston's urban core. Today, CBES is the only Minority Business Enterprise (MBE) among Massachusetts' 24 eldercare agencies, playing a unique and vital role in advancing health equity and social development in the region.

With a strong focus on being a bridge to better living, CBES empowers older adults and individuals with disabilities to remain independent, safe, and supported in their communities. Through its commitment to person-centered care and cultural responsiveness, CBES delivers a wide array of programs that meet both immediate and long-term needs. Their work supports individuals in maintaining dignity, wellness, and connection — whether they are aging in place, transitioning from institutional care, or managing complex health and social circumstances.

#### Core programs and services include:

- Home Care & Nursing Services Comprehensive in-home care management and personalized service plans for older adults and individuals with disabilities.
- <u>Elder Protective Services</u> Support for individuals experiencing abuse, neglect, or exploitation.
- <u>Supportive Housing</u> Including the 57-unit Catherine Hardaway Residence, developed by CBES to address the elder housing crisis in Roxbury.
- <u>Clinical Assessment & Eligibility</u> Evaluations and screenings for MassHealth-related programs and long-term care planning.
- <u>Community Transition Liaison Program (CTLP)</u> Helping individuals move safely and effectively from nursing facilities back into the community.
- Veteran-Directed HCBS & One Care Plans Coordinated care programs that integrate health, behavioral, and communitybased services for eligible veterans and adults with disabilities.



Photo credit: Craig Bailey / Perspective Photo

- <u>Counseling Options</u>— Person-centered decision support for older adults, people with disabilities, caregivers, and those navigating transitions in care.
- <u>Senior Care Options (SCO)</u> Coordinated care plans for adults age 65+ through partnerships with multiple health plans.
- <u>Boston Allied Partners Program</u> Providing wraparound services for MassHealth members receiving care through Accountable Care Organizations.
- <u>Digital Literacy Computer Lab</u> Empowering older adults to build tech skills and stay connected.
- <u>Little Necessities Program</u> Meeting basic needs through donated and volunteer-supported items like walkers, lift chairs, clothing, and household goods.
- <u>Residence Service Coordination</u> On-site case management across 10 Boston Housing Authority buildings to help residents navigate available services.
- <u>Project Bread Partnership</u> Providing food vouchers and hunger relief supports for seniors experiencing food insecurity.

## When Did Central Boston Elder Services Join The Providers' Council and Why?

Central Boston Elder Services has been a longtime member of the Providers' Council, and our missions are deeply aligned. Like the Council, CBES is committed to advancing equity, dignity, and access to care for historically underserved populations, particularly older adults and individuals with disabilities.

Their dedication to advocacy, community-based care, and reducing disparities reflects the Council's own work to strengthen the human services sector across the Commonwealth. Through their continued membership, CBES continues to be an active part of a broader network working to uplift providers, support essential workers, and drive meaningful systems change.



#### A Voice from Central Boston Elder Services

For over 50 years, Central Boston Elder Services has been a pillar of care and connection—uplifting families, older adults, and the broader community through the tireless dedication of our caregivers. Today, we honor that legacy with a newly launched internship program designed to serve as a workforce pipeline rooted in our values. Through this initiative, we are cultivating the next generation of compassionate professionals who will carry forward the spirit of service that defines our mission.



Photo credit: Gabriel Ortiz / Central Boston Elder Services

#### Looking Ahead: Central Boston Elder Services' Continued Commitment to Support and Innovation

For nearly five decades, CBES has stood as a trusted and responsive anchor for older adults and individuals with disabilities across Boston. As they look to the future, the team remains focused on growing their impact, deepening partnerships, and developing creative solutions that allow individuals to age in place with dignity and independence.

Central Boston Elder Services is preparing to host its Annual Fundraising Gala, Aging Together with Love & Hope, on Saturday, October 25, 2025, at the Westin Copley Place in Boston. This semi-formal evening will bring together more than 400 community leaders, elected officials, caregivers, and supporters for a celebration of connection, recognition, and joy. Guests will enjoy a lively reception, dinner, awards program, live entertainment, dancing, and a silent auction.

With this year's theme, Aging Together with Love & Hope, the event highlights the power of unity, compassion, and community across generations. Proceeds from the gala will directly support programs that help older adults and individuals with disabilities live safely and independently at home, surrounded by care and dignity.

Learn more about Central Boston Elder Services' fundraising gala, please click here.

Want to learn more about Central Boston Elder Services, their upcoming initiatives and events, and the Providers' Council? Visit our websites to explore our work, services, and opportunities to get involved!