

MEMBERSHIP

MONDAY: Roman Music Therapy Services

Highlighting Roman Music Therapy Services' Impact on the Community

At the Providers' Council, we are proud to highlight the incredible work of our members who are making a difference in the human services sector. This week, for Membership Monday, we are featuring Roman Music Therapy Services, a community-based organization that uses the power of music to foster connection, expression, and healing. Through a wide range of person-centered services — from early childhood programs and school-based supports to adult group therapy and senior wellness sessions — Roman Music Therapy Services helps individuals of all ages and abilities thrive through inclusive, accessible, and transformative music-making experiences.

Who is Roman Music Therapy Services and What Do They Do?

Roman Music Therapy Services is a community-based organization that uses the power of music to build connection, promote well-being, and support people of all ages and abilities. Their board-certified music therapists provide individualized and group services across the lifespan—from early childhood to seniors—helping individuals thrive through music in schools, homes, hospitals, senior living centers, and their private music therapy center in Wakefield, Massachusetts.

With a belief that “everyone can make music,” their human-centered and community-based approach adapts to the dynamic needs of each client, using therapeutic music-making to foster communication, self-expression, confidence, and connection. Whether through early childhood programs like Sprouting Melodies, school-based services, or Project Harmony Chorus for adults, Roman Music Therapy Services works to create inclusive, empowering experiences where people are seen, heard, and supported.

Their innovative Music Therapy Pyramid Framework outlines a continuum of services, including clinical and preventative to universal music therapy and validates the role music plays in both individual care and community well-being. Which works towards improving cognitive and physical functioning to decreasing isolation and supporting emotional regulation, their work demonstrates that music therapy isn't just a treatment, it's a tool for transformation for children, young adults/adults, and seniors.



When Did Roman Music Therapy Services Join The Providers' Council and Why?

Roman Music Therapy Services is a proud member of the Providers' Council, actively engaging in efforts to strengthen and celebrate the human services sector in Massachusetts. In 2022, Founder and Executive Director Meredith Pizzi was recognized with the Council's Peer Provider Award, honoring her leadership and dedication to expanding access to music therapy statewide. As a Council member, Roman Music Therapy Services finds connection with mission-aligned organizations and values the opportunity to learn, collaborate, and advocate alongside peers who share their vision for a more compassionate and inclusive Commonwealth.



“ A Voice from Roman Music Therapy Services’ Team

At Roman Music Therapy Services, our mission is to use music to build connection and support well-being for individuals and communities. Being part of the Providers’ Council network has strengthened our ability to collaborate with mission-driven peers and learn from organizations equally committed to creating a more compassionate Commonwealth. Looking ahead, we are excited to expand programs that bring the benefits of music therapy into schools, hospitals, and workplaces—meeting people where they are and helping them thrive

— Roman Music Therapy Services “

Looking Ahead: Roman Music Therapy Services’ Continued Commitment to Support and Innovation

Roman Music Therapy Services continues to expand its reach — bringing the benefits of music therapy into schools, hospitals, workplaces, and communities — and using the language of music to meet people where they are. Their commitment to innovation, inclusion, and meaningful connection remains at the heart of everything they do.

As they look toward the future, Roman Music Therapy Services is focused on deepening their impact across the lifespan, developing more inclusive programming, and creating opportunities for individuals of all abilities to express themselves, connect with others, and build confidence through music. With a growing presence in educational, healthcare, and residential settings, they remain dedicated to ensuring that music therapy is not only accessible — but transformative — for every individual and community they serve.

In addition to direct services, the organization continues to foster community through preventative, promotive, and universal music experiences — including programs like after-school groups, Project Harmony Choral Showcases, library concerts, and community drum circles. As an Approved Provider for the Certification Board for Music Therapists, they also offer continuing education, clinical supervision, and early childhood trainings — supporting the next generation of music therapy professionals and strengthening the field as a whole.

Want to learn more about Roman Music Therapy Services and the Providers’ Council? Visit our websites to explore our work, services, and upcoming initiatives!

[Providers’ Council](#)

[Roman Music Therapy Services](#)