RELIAS

National Alliance of Direct Support Professionals (NADSP E-Badge Training)

Relias offers online learning, staff compliance training, and continuing education for intellectual/developmental disability providers.

Relias Training Crosswalks are based on published accreditation standards. They are designed to assist organizations in the selection of courses from the Relias libraries to ensure and demonstrate staff competence according to the training standards. In some cases, it may be useful for customer organizations to develop training specific to the organization's individual needs.

General staff compliance trainings should be selected to ensure the organization meets OSHA and other regulatory requirements. Staff training is only one element of a successful survey and the Crosswalks are not meant to take the place of a careful review and evaluation of your program to the accreditation standards.

The courses listed are a representative sample of Relias courses. Select NADSP-approved modules may not be available in all libraries/packages; refer to your organization's offerings for available options. "NADSP Competency Area" indicates the competency areas specified by the National Alliance for Direct Support Professionals.

Relias has curricula that are accredited by NADSP to meet the required training hours to obtain the Accredited Education E-Badges. The course modules for each competency area and badge are suggested to support the learner in obtaining the skills necessary to obtain the badges for each Direct Support Professional (DSP) level. NADSP E-Badge Academy certification requirements:

*DSP-I Certification: individuals must earn 15 total NADSP E-Badges, which includes 50 hours of accredited education

*DSP-II Certification: individuals must earn DSP-I Certification and 30 total NADSP E-Badges, which includes 100 hours of accredited education (50 hours of which was previously earned as DSP-I)

*DSP-III Certification: individuals must earn DSP-II Certification and 50 total NADSP E-Badges

Disclaimer: The following constitutes Relias, LLC's recommendation of course work for each listed Crosswalk Measure. Relias does not make any guarantee that such course(s) will be accepted by the accrediting body(ies).

Reference:

https://nadsp.org/services/certification/

Continuing Education - Direct Support Professionals

NADSP Code of Ethics: To earn the DSP-I Certification, individuals must attest to The Code of Ethics Commitment Refer to: https://nadsp.org/resources/the-nadsp-code-of-ethics/

NADSP Code of Ethics Commitment to adhere to NADSP's Code of Ethics

Note: No training is required to meet this standard; however, learners may choose from Relias' NADSP accredited modules to supplement understanding and application of the nine (9) tenets

Module Code	Module Name	Hours
REL-ACCRED1	Choose Appropriate Courses from Relias Learning Libraries	0.00

DSP-I Accredited Education NADSP E-Badge:

To earn the DSP-I Certification, individuals must earn the 50 hours of Accredited Education NADSP E-Badge.

50 hours of direct instruction from an NADSP Accredited Education program for DSPs

Additional suggested modules are listed under each competency area

**NOTE: Learners must ensure they complete courses which are NADSP-approved; these courses can be found in the certificates filter in/on the RLMS

Module Code	Module Name	Hours
REL-ACCRED1	Choose Appropriate Courses from Relias Learning Libraries	0.00

Continuing Education - Direct Support Professionals

Crisis Prevention and Intervention Competency Area:

To earn the DSP-I Certification, individuals must earn at least one Core Competency NADSP E-Badge from the Crisis Prevention and Intervention competency area.

The DSW/DSP identifies risk and behaviors that that can lead to a crisis, and uses effective strategies to prevent or intervene in the crisis in collaboration with others

Module Code	Module Name	Hours
REL-BHC-0-CCMSP	Communication and Conflict Management for Children's Services Paraprofessionals	1.00
REL-IDD-0-CCMS	Communication and Conflict Management Skills	0.75
REL-IDD-0-CIIIDD	Crisis Intervention for Individuals with IDD	0.75
REL-CV-0-CRISISMGT-V2	Crisis Management Across Health and Human Services	1.50
REL-IDD-AAIDD-PPBSP10	Principles of Positive Behavior Support Pt.1: Overview	0.75
REL-IDD-AAIDD-PPBSP2TFS	Principles of Positive Behavior Support Pt.2: Choice, Skills, and Environment	0.50
REL-IDD-AAIDD-PPBSP3TIIDD	Principles of Positive Behavior Support Pt.3: Teaching New Skills	0.50
REL-IDD-AAIDD-PPBSP4IBSP	Principles of Positive Behavior Support Pt.4: Importance	0.75

	of BSPs	
REL-IDD-0-MCBPIDD	Providing Support for Challenging Behavior	0.50
REL-IDD-0-RSMSAIDD	Relaxation Strategies to Minimize Stress and Anxiety in Individuals with IDD	0.75

Safety Competency Area:

To earn the DSP-I Certification, individuals must earn at least one Core Competency NADSP E-Badge from the Safety competency area.

The DSW/DSP is attentive to signs of abuse, neglect or exploitation and follows procedures to protect an individual from such harm. S/he helps people to avoid unsafe situations and uses appropriate procedures to assure safety during emergency situations

Suggested modules:

Module Code	Module Name	Hours
REL-CV-0-FSTB	Fire Safety	0.50
REL-BHC-0-IAADA	Identifying and Addressing Older and Dependent Adult Abuse	1.25
REL-IDD-0-IIIDD	Incident Investigations in IDD	1.00
REL-IDD-0-MHSIIDD	Monitoring Health and Safety of Individuals with IDD	1.00
REL-IDD-0-OANIDD	Overview of Abuse and Neglect of Individuals with IDD	1.00
REL-IDD-0-RMDSP	Risk Management for Direct Support Professionals	1.00
REL-BHC-0-SWWC	Safety When Working in the Community	1.25
REL-IDD-0-SIDDES	Supporting Individuals with Disabilities During Emergency Situations	1.00
REL-IDD-0-WIR	Writing Incident Reports	1.00

Continuing Education - Direct Support Professionals

Person-Centered Practices Competency Area:

To earn the DSP-I Certification, individuals must earn at least one Core Competency NADSP E-Badge from the Person-Centered Practices competency area.

The DSW/DSP uses person-centered practices, assisting individuals to make choices and plan goals, and provides services to help individuals achieve their goals

Module Code	Module Name	Hours
REL-CV-CQL-APOMBH	Application of the Personal Outcome Measures for	2.75

	Behavioral Health	
REL-CV-CQL-APOM-V2	Application of the Personal Outcome Measures® for Families, Children, and Youth	3.00
REL-IDD-0-CMPWIDD	Choice Making for People with IDD	0.75
REL-IDD-0-OPFL	Overview of Person-First Language	1.00
REL-IDD-0-PCP	Person-Centered Planning	1.75
REL-IDD-0-PCT	Person-Centered Thinking	0.50
REL-IDD-0-IBC1	Positive Behavior Support Planning: Part 1	2.00
REL-IDD-0-IBC2	Positive Behavior Support Planning: Part 2	2.25
REL-IDD-0-SPIDDBHPR	Supporting People with IDD in Building Healthy Personal Relationships	1.00
REL-IDD-0-SQL	Supporting Quality of Life for Individuals with IDD	1.00
REL-IDD-0-TSAS	Supporting Self-Advocacy Skills	0.50
REL-CV-CQL-PWR-V2	The Power of Personal Outcome Measures®	2.00
REL-CV-CQL-PLAN-V2	Using Personal Outcome Measures® in Planning for People	2.00
REL-IDD-0-USP	Using Service Plans	0.50
REL-IDD-0-QAC4	Writing and Monitoring Goals for Person-Centered Plans	1.25

Health and Wellness Competency Area:

To earn the DSP-I Certification, individuals must earn at least one Core Competency NADSP E-Badge from the Health and Wellness competency area.

The DSW/DSP plays a vital role in helping individuals to achieve and maintain good physical and emotional health essential to their well-being

Module Code	Module Name	Hours
REL-ALL-0-AINCP	About Infection Control and Prevention	1.00
REL-IDD-0-OSED	An Overview of Safe Eating and Drinking	0.75
REL-PAC-0-ASMB	Assisting with Self-Administration of Medications: The Basics	1.00
REL-IDD-0-CHPIPIDD	Common Health Problems and Interventions for Persons with IDD	0.50
REL-ALL-0-FVAC	Flu Vaccines	0.50
REL-IDD-0-HNOPIDD	Health Needs and Outcomes for People with IDD	0.50
REL-IDD-0-HPARCIDD	Health Promotion and Age-Related Changes in IDD	0.75
REL-IDD-0-RHN	Healthcare Needs in IDD	0.75
REL-ALL-0-ICBC	Infection Control: Basic Concepts	0.25
REL-ALL-0-IFEP	Infection Control: Essential Principles	0.50

REL-IDD-0-ICIDD	Integrated Care in IDD	1.00
REL-IDD-0-MCPIDD	Managing Constipation for People with IDD	0.50
REL-IDD-0-MM	Medication Management Part 1: Overview	0.50
REL-IDD-0-UM	Medication Management Part 2: Understanding Medications	0.50
REL-IDD-0-MLD	Medication Management Part 3: Labels and Documentation	0.50
REL-IDD-0-AM	Medication Management Part 4: Administering Medications	0.50
REL-ALL-0-MSTF	Minimizing Trips, Slips, and Falls	0.25
REL-IDD-0-MHSIIDD	Monitoring Health and Safety of Individuals with IDD	1.00
REL-IDD-0-PFIDD	Preventing Falls	1.00
REL-BHC-0-PMAOP	Psychiatric Medications: An Overview for Paraprofessionals	1.50
REL-ALL-0-RFFA	Refresher for First Aid	0.50
REL-IDD-0-RSMSAIDD	Relaxation Strategies to Minimize Stress and Anxiety in Individuals with IDD	0.75
REL-IDD-0-SITC	Safety in the Community	0.50
REL-PAC-0-STFP	Slips, Trips, and Falls Prevention	0.50
REL-IDD-0-SHEE	Supporting Healthy Eating and Exercise	0.75
REL-IDD-0-SIIDDSUD	Supporting Individuals with Intellectual and Developmental Disabilities with Substance Use Disorder	1.00
REL-IDD-0-RSIDIDD	Supporting People with Dementia and IDD	0.50
REL-IDD-0-SIIDDCOD	Supporting People with IDD and Mental Health Conditions	1.00
REL-IDD-0-TVSIIDD	Taking Vital Signs for Individuals with IDD	0.50

DSP-II Accredited Education NADSP E-Badge:

To earn the DSP-II Certification, individuals must earn the DSP-I Certification plus 100 hours of Accredited Education NADSP E-Badge (50 hours of which was previously completed as DSP-I).

100 hours of direct instruction from an NADSP Accredited Education program for DSPs

Additional suggested modules are listed under each competency area

**NOTE: Learners must ensure they complete courses which are NADSP-approved; these courses can be found in the certificates filter in/on the RLMS

Module Code	Module Name	Hours
REL-ACCRED1	Choose Appropriate Courses from Relias Learning Libraries	0.00

Evaluation and Observation Competency Area:

To earn the DSP-II Certification, individuals must earn the DSP-I Certification and then at least one Core Competency NADSP E-Badge from the Evaluation and Observation competency area.

The DSW/DSP closely monitors an individual's physical and emotional health, gathers information about the individual, and communicates observations to guide services

Suggested modules:

Module Code	Module Name	Hours
REL-IDD-OADSP-UA-V2	Assessments in IDD	2.00
REL-ABA-0-GEDRBT	Guidelines for Effective Documentation for RBTs	1.50
REL-IDD-0-GEDIDD	Guidelines for Effective Documentation in IDD	0.50
REL-IDD-0-IBC1	Positive Behavior Support Planning: Part 1	2.00
REL-IDD-0-IBC2	Positive Behavior Support Planning: Part 2	2.25
REL-BHC-0-SBISUI	Screening and Brief Interventions for Substance Use Issues	1.50
REL-IDD-0-SRIDD	Screening for Risk in IDD	1.00
REL-IDD-AAIDD-ID	Understanding Intellectual Disability	0.75

Continuing Education - Direct Support Professionals

Communication Competency Area:

To earn the DSP-II Certification, individuals must earn the DSP-I Certification and then at least one Core Competency NADSP E-Badge from the Communication competency area.

The DSW/DSP builds trust and productive relationships with people s/he supports, coworkers and others through respectful and clear verbal and written communication

Suggested modules:

Module Code	Module Name	Hours
REL-ALL-0-COMME	Communicating Effectively	0.25
REL-IDD-0-CCMS	Communication and Conflict Management Skills	0.75
REL-ALL-0-CECE	Communication Essentials: Communication Effectiveness	0.50
REL-IDD-0-CWF	Communication with Families	0.50
REL-IDD-0-DTR	Developing Therapeutic Relationships	0.50
REL-IDD-0-MOC	Methods of Communication	0.50
REL-ALL-0-WWDI	Working with Difficult Individuals	0.25

Continuing Education - Direct Support Professionals

Professionalism and Ethics Competency Area:

To earn the DSP-II Certification, individuals must earn the DSP-I Certification and then at least one Core Competency NADSP E-Badge from the Professionalism and Ethics competency area.

The DSW/DSP works in a professional and ethical manner, maintaining confidentiality and respecting individual and family rights

Suggested modules:

Module Code	Module Name	Hours
REL-ALL-0-EWBWL	Employee Wellness: Balancing Work and Life	0.25
REL-ALL-0-EWDPF	Employee Wellness: Daily Physical Fitness	0.25
REL-ALL-0-EWHE	Employee Wellness: Healthy Eating	0.50
REL-ALL-0-EWSH	Employee Wellness: Sleep and Health	0.25
REL-ALL-0-ETHCC	Ethics and Corporate Compliance	0.50
REL-ALL-0-HBAS	HIPAA: Basics	0.50
REL-ALL-0-HDDSMEC	HIPAA: Do's and Don'ts of Social Media and Electronic Communication	0.50
REL-ALL-0-HPRR	HIPAA: Privacy Rule	0.25
REL-ALL-0-HSECR	HIPAA: Security Rule	0.50
REL-BHC-0-LESBHP	Legal and Ethical Standards For Behavioral Health Professionals	1.00
REL-ALL-0-PSW	Problem Solving in the Workplace	1.00
REL-IDD-0-PDSS	Professionalism in Direct Support Services	0.75
REL-IDD-0-RIIDD	Rights of Individuals with IDD	0.75
REL-ALL-0-BETHDM	The Basics of Ethical Decision Making	0.50

Continuing Education - Direct Support Professionals

Community Inclusion and Networking Competency Area:

To earn the DSP-II Certification, individuals must earn the DSP-I Certification and then at least one Core Competency NADSP E-Badge from the Community Inclusion and Networking competency area.

The DSW/DSP helps individuals to be a part of the community through valued roles and relationships, and assists individuals with major transitions that occur in community life

Module Code	Module Name	Hours
REL-IDD-0-BRCPIDD	Building Relationships and Community for People with IDD	0.75
REL-IDD-0-ES	Employment Support	1.00
REL-IDD-0-IDAO	Intellectual Disabilities: Interventions, Supports and Outcomes	1.00

REL-IDD-0-RIDD	Retirement in IDD	0.50
REL-IDD-0-SSIIASD	Social Integration Strategies for People with Autism Spectrum Disorder	0.75
REL-IDD-0-SPIDDBHPR	Supporting People with IDD in Building Healthy Personal Relationships	1.00
REL-IDD-0-SQL	Supporting Quality of Life for Individuals with IDD	1.00

DSP-III NADSP E-Badge Requirements:

To earn the DSP-III Certification, individuals must earn 50 total E-Badges, to include the DSP-II Certification (which includes the NADSP Code of Ethics from DSP-I and 100 hours of accredited education) and at least one Core Competency E-Badge from each of the competency areas identified in subsequent sections of this Crosswalk.

Commitment to adhere to NADSP's Code of Ethics

Note: No training is required to meet this standard; however, learners may choose from Relias' NADSP accredited modules to supplement understanding and application of the nine (9) tenets

Module Code	Module Name	Hours
REL-ACCRED1	Choose Appropriate Courses from Relias Learning Libraries	0.00

100 hours of direct instruction from an NADSP Accredited Education program for DSPs

Additional suggested modules are listed under each competency area

**NOTE: Learners must ensure they complete courses which are NADSP-approved; these courses can be found in the certificates filter in/on the RLMS

Module Code	Module Name	Hours
REL-ACCRED1	Choose Appropriate Courses from Relias Learning Libraries	0.00

Continuing Education - Direct Support Professionals

Empowerment and Advocacy Competency Area:

To earn the DSP-III Certification, individuals must earn the DSP-II Certification and then at least one Core Competency NADSP E-Badge from the Empowerment and Advocacy competency area.

The DSW/DSP provides advocacy and empowers and assists individuals to advocate for what they need

Suggested modules:

Module Code	Module Name	Hours
REL-IDD-0-CMPWIDD	Choice Making for People with IDD	0.75
REL-IDD-0-IDAO	Intellectual Disabilities: Interventions, Supports and Outcomes	1.00
REL-IDD-0-PCP	Person-Centered Planning	1.75
REL-IDD-0-RIIDD	Rights of Individuals with IDD	0.75
REL-IDD-0-SDS	Self-Directed Services	0.50
REL-IDD-0-FSPS	Supporting Self-Advocacy in Employment	0.50
REL-IDD-0-TSAS	Supporting Self-Advocacy Skills	0.50

Continuing Education - Direct Support Professionals

Community Living Skills and Supports Competency Area:

To earn the DSP-III Certification, individuals must earn the DSP-II Certification and then at least one Core Competency NADSP E-Badge from the Community Living Skills and Supports competency area.

The DSW/DSP helps individuals to manage the personal, financial, and household tasks that are necessary on a day-to-day basis to pursue an independent, community-based lifestyle

Suggested modules:

Module Code	Module Name	Hours
REL-IDD-0-BRCPIDD	Building Relationships and Community for People with IDD	0.75
REL-IDD-0-PCP	Person-Centered Planning	1.75
REL-IDD-AAIDD-PPBSP2TFS	Principles of Positive Behavior Support Pt.2: Choice, Skills, and Environment	0.50
REL-IDD-AAIDD-PPBSP3TIIDD	Principles of Positive Behavior Support Pt.3: Teaching New Skills	0.50
REL-IDD-0-PDSS	Professionalism in Direct Support Services	0.75
REL-IDD-0-SSIIASD	Social Integration Strategies for People with Autism Spectrum Disorder	0.75
REL-IDD-0-SPIDDBHPR	Supporting People with IDD in Building Healthy Personal Relationships	1.00
REL-IDD-0-SQL	Supporting Quality of Life for Individuals with IDD	1.00
REL-IDD-GHA-SIST	Systematic Instruction Strategies and Techniques	1.25

Continuing Education - Direct Support Professionals

Education, Training, and Self-Development Competency Area:

To earn the DSP-III Certification, individuals must earn the DSP-II Certification and then at least one

Core Competency NADSP E-Badge from the Education, Training, and Self-Development competency area.

The DSW/DSP obtains and maintains necessary certifications, and seeks opportunities to improve their skills and work practices through further education and training

Module CodeModule NameHoursREL-IDD-0-ODTD-V2An Overview of Different Types of Disabilities1.00REL-IDD-OADSP-UA-V2Assessments in IDD2.00REL-ACCRED1Choose Appropriate Courses from Relias Learning0.00

Employee Wellness: Caregiving Side Effects

Implementing a Quality Improvement System

Intellectual Disabilities: Interventions, Supports and

Screening and Brief Interventions for Substance Use

Supporting Quality of Life for Individuals with IDD

The Basics of Ethical Decision Making

Understanding Intellectual Disability

Trauma-Informed Supports

Human Development Across the Life Span

Suggested modules; additional NADSP accredited modules available in Relias libraries:

Continuing Education - Direct Support Professionals

Libraries

Outcomes

Issues

Cultural Competence Competency Area:

To earn the DSP-III Certification, individuals must earn the DSP-II Certification and then at least one Core Competency NADSP E-Badge from the Cultural Competence competency area.

The DSW/DSP respects cultural differences, and provides services and supports that fit with an individual's preferences

Suggested modules:

REL-ALL-0-EWCSE

REL-IDD-0-OHDALS

REL-CHC-0-IQIS

REL-IDD-0-IDAO

REL-IDD-0-SQL

REL-BHC-0-SBISUI

REL-ALL-0-BETHDM

REL-IDD-AAIDD-TIS

REL-IDD-AAIDD-ID

Module Code	Module Name	Hours
REL-IDD-0-CCR	Creating a Culture of Respect	1.00
REL-ALL-0-CULTCA	Cultural Awareness and Humility	0.50
REL-ALL-0-CCHLTH	Cultural Competence and Healthcare	0.50
REL-IDD-0-DAD	Diversity and Disability	0.50

0.25

0.75

1.25

1.00

1.50

1.00

0.50

0.75

0.75