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For information on how to engage staff in this content, scroll to pages 5, 6, and 7 in this document.

Department of Mental Health

Frequently Assigned Courses Based Off Required DMH Trainings

Relias Course Title:	Relias Course Code:
Sexual Harassment: What Employees Need to Know	REL-ALL-0-SHWENK
Essentials of HIPAA	REL-PAC-0-ESSH
Understanding Bloodborne Pathogens	REL-ALL-0-UBBPATH
Harassment in the Workplace	REL-ALL-0-HW
Cultural Awareness and Humility	REL-ALL-0-CULTCA
Defensive Driving Basics	REL-ALL-0-DDB
Fire Safety: The Basics	REL-ALL-0-FSBASIC-V2
Bloodborne Pathogens and the Use of Standard Precautions	REL-ALL-0-BPUSP
HIPAA: Basics	REL-ALL-0-HBAS
Workplace Safety: The Basics	REL-ALL-0-WSBAS
Fire Safety	REL-CV-0-FSTB
Active Shooter Response	REL-ALL-0-ACTSR
Infection Control: Essential Principles	REL-ALL-0-IFEP
Understanding Trauma-Informed Care	REL-BHC-0-UTIC
Hazardous Chemicals: The Essentials	REL-ALL-0-HCTESS
Confidentiality in Substance Use Disorder Treatment	REL-BHC-0-CISUDT
Cultural Humility and Implicit Bias in Behavioral Health	REL-BHC-0-CHIBBH
HIPAA: Security Rule	REL-ALL-0-HSECR
Overcoming Barriers to LGBTQ+ Affirming Behavioral Health Services	REL-BHC-0-OBLGBTQABHS
Impact of Substance Use Disorders on Families and Approaches to Treatment	REL-BHC-0-ISUDFAT
Overview of Co-Occurring Disorders for Paraprofessionals	REL-BHC-0-OCDP
Common Substances and Treatment of Substance Use Disorders	REL-BHC-0-OTSTSUD
DEI: Multicultural Care for the Organization	REL-BHC-0-DEIMCO
Crisis Management Across Health and Human Services	REL-CV-0-CRISISMGT-V2
Recognizing and Effectively Responding to a Person in Crisis	REL-BHC-0-RERPIC
Maintaining Professional Boundaries	REL-ALL-0-MPBOUND
Assessing Suicide Risk Using the C-SSRS	REL-BHC-0-ASRUC
Substance Use: Risk of HIV, Hepatitis, and Other Infectious Diseases	REL-BHC-0-SURHHOID
Harm Reduction in Substance Use	REL-BHC-0-HRSU
Introduction to Co-Occurring Disorders	REL-BHC-ICOD



Assessing and Screening for Suicide Risk	REL-BHC-0-ASSR
An Overview of Trauma-Informed Care for Non-Clinical Staff	REL-BHC-0-AOTICNCS
An Overview of Substance Use Disorders	REL-BHC-0-AOSUD
Working More Effectively with LGBTQ+ Children and Youth	REL-BHC-0-WMELGBTQCY
Motivational Interviewing: An Introduction	REL-BHC-0-MIAI

Additional Trainings for Staff

A Multicultural Approach to Recovery-Oriented Practice Addressing Behavioral Health Needs of Justice-Involved Youth Addressing Overweight & Obesity in Individuals with Mental Health Disorders Addressing Racial Trauma in Behavioral Health Addressing Tobacco Use in the Behavioral Health Addressing Tobacco Use in the Behavioral Health Addressing Tobacco Use in the Behavioral Health Population Addressing Trauma and Stressor Related Disorders An Introduction to Autism Spectrum Disorders An Introduction to Autism Spectrum Disorders An Overview of Acceptance and Commitment Therapy REL-BHC-0-AOST An Overview of Bipolar and Related Disorders An Overview of Bipolar and Related Disorders An Overview of Trauma Disorders in Adults for Paraprofessionals Applications and Adaptations of Dialectical Behavior Therapy Applications and Adaptations in Behavioral Health REL-BHC-0-AADBT Applying HIPAA Regulations in Behavioral Health REL-BHC-0-AADBT Assessing and Treating Anxiety Disorders in Children and Adolescents Assessing and Treating Depressive Disorders in Children and Adolescents Assessing and Treating Obsessive-Compulsive and Related Disorders Assessing and Treating Opioid Use Disorder REL-BHC-0-AATOCRD REL-BHC-0-AATOCRD REL-BHC-0-AATOCRD REL-BHC-0-AATOCRD REL-BHC-0-AATOCRD REL-BHC-0-AATOCRD REL-BHC-0-BED Resident of Treatment of Individuals with Traumatic Brain Injury Attachment Disorders REL-BHC-0-BED Resident of Treatment Planning Process REL-BHC-0-BED Resident of Treatment Planning Process REL-BHC-0-BED Resident of Treatment Relationship REL-BHC-0-BRBHP Rel-BHC-0-BRBHP Rel-BHC-0-BRBHP Rel-BHC-0-BRBHP Rel-BHC-0-BRBHP Rel-BHC-0-BRBHP Rel-BHC-0-BRBHP Rel-BHC-0-CSMI REL-BHC-0-CSMI REL-BHC-0-CSMI	Relias Course Title:	Relias Course Code:
Addressing Overweight & Obesity in Individuals with Mental Health Disorders Addressing Racial Trauma in Behavioral Health REL-BHC-0-ARTBH Addressing Tobacco Use in the Behavioral Health Population REL-BHC-0-ATUBHP Addressing Trauma and Stressor Related Disorders REL-BHC-0-ATSRD An Introduction to Autism Spectrum Disorders REL-BHC-0-ATSRD An Overview of Acceptance and Commitment Therapy REL-BHC-0-OACT An Overview of Bipolar and Related Disorders REL-BHC-0-OACT An Overview of Trauma Disorders in Adults for Paraprofessionals REL-BHC-0-AOTDAP Applications and Adaptations of Dialectical Behavior Therapy REL-BHC-0-AODBT Applying HIPAA Regulations in Behavioral Health REL-BHC-0-AARBH Approaches to Person-Centered Planning in Behavioral Health REL-BHC-0-APCPBH Assessing and Treating Anxiety Disorders in Children and Adolescents Assessing and Treating Depressive Disorders in Children and Adolescents REL-BHC-0-AATOCA Adolescents REL-BHC-0-AATOCRD Disorders REL-BHC-0-AATOCRD Disorders assessing and Treating Obsessive-Compulsive and Related REL-BHC-0-AATOCRD REL-BHC-0-AATOCRD REL-BHC-0-AATOCRD REL-BHC-0-AATOCRD REL-BHC-0-AATOCRD REL-BHC-0-ADDEAA REL-BHC-0-BED REL-BHC-0-B	A Multicultural Approach to Recovery-Oriented Practice	REL-BHC-0-AMAROP
Health Disorders Addressing Racial Trauma in Behavioral Health REL-BHC-0-ARTBH	Addressing Behavioral Health Needs of Justice-Involved Youth	REL-BHC-0-ABHNJIY
Addressing Racial Trauma in Behavioral Health Addressing Tobacco Use in the Behavioral Health Population REL-BHC-0-ATUBHP Addressing Trauma and Stressor Related Disorders REL-BHC-0-ATSRD An Introduction to Autism Spectrum Disorders REL-BHC-0-ATSRD An Overview of Acceptance and Commitment Therapy REL-BHC-0-AORT An Overview of Bipolar and Related Disorders REL-BHC-0-AOBRD An Overview of Trauma Disorders in Adults for Paraprofessionals Applications and Adaptations of Dialectical Behavior Therapy REL-BHC-0-AODBT Applying HIPAA Regulations in Behavioral Health REL-BHC-0-AHRBH Approaches to Person-Centered Planning in Behavioral Health REL-BHC-0-ATODCA Adolescents Assessing and Treating Anxiety Disorders in Children and Adolescents Assessing and Treating Depressive Disorders in Children and Adolescents Assessing and Treating Obsessive-Compulsive and Related Disorders Assessing and Treating Opioid Use Disorder REL-BHC-0-ATOUD Rel-BHC-0-ATOUD Rel-BHC-0-ATOUD Rel-BHC-0-ATOUD Rel-BHC-0-ATOUD Rel-BHC-0-ATOUD Rel-BHC-0-AD Basics of Effective Documentation REL-BHC-0-AD Basics of Effective Documentation REL-BHC-0-BED Basics of Tuberculosis Rel-BL-BL-0-BPPE Best Practices for Documenting the Treatment Planning Process Rel-BHC-0-BPDTPP Best Practices for Supporting Individuals In Early Recovery Rel-BHC-0-BRD Rel-BHC-0-BRDHP Rel-BHC-0-BRHP Roundary Risks for Behavioral Health Paraprofessionals REL-BHC-0-BAHTR Clinical Pathways that Inform Adolescent Substance Use Disorder Rel-BHC-0-CSAI Clinical Supervision: Using Reflection in Supervision Rel-BHC-0-CSURIS		REL-BHC-0-AOOIMHD
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Clinical Pathways that Inform Adolescent Substance Use Disorder Clinical Supervision: An Introduction Clinical Supervision: Using Reflection in Supervision REL-BHC-0-CSURIS	Boundary Risks for Behavioral Health Paraprofessionals	REL-BHC-0-BRBHP
Clinical Supervision: An Introduction REL-BHC-0-CSAI Clinical Supervision: Using Reflection in Supervision REL-BHC-0-CSURIS	Building a Healthy Therapeutic Relationship	REL-BHC-0-BAHTR
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	Clinical Supervision: An Introduction	REL-BHC-0-CSAI
	Clinical Supervision: Using Reflection in Supervision	REL-BHC-0-CSURIS
	Cognitive Behavioral Therapy for Psychosis	REL-BHC-0-ABHNFP



CACCACITY	
Cognitive Behavioral Treatment of Substance Use Disorders	REL-BHC-0-UCBTSUDT
Communicating Effectively	REL-ALL-0-COMME
Community-Based Interventions to Reduce Suicide Risk	REL-BHC-0-CBIRSR
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Crisis Management Basics for Paraprofessionals	REL-BHC-0-CMBP
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DEI: An Introduction to Multicultural Care	REL-BHC-0-DEIAIMC
Depression and Suicidality in Older Adults	REL-BHC-0-DSOA
Developmental Concerns in Childhood and Adolescence	REL-BHC-0-DCCA
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Ecological Systems of Care Across Child-Serving Agencies	REL-BHC-0-ESCACSA
Effective Intervention in the Aftermath of a Suicide	REL-BHC-0-EIAS
Effective Psychoeducation for Individuals with Serious Mental	REL-BHC-0-EPISMI
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Engaging Family Members in Crisis Planning	REL-BHC-EFMCP
Enhancing Treatment Engagement of Individuals with Behavioral Health Disorders	REL-BHC-ETEIBHD
Ethical and Legal Guidelines for Telehealth Service Delivery	REL-BHC-0-ELGTSD
Etiology, Symptoms, and Recovery-Focused Interventions for	REL-BHC-0-ESRFIS
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Family Peer Support	REL-BHC-0-FPS
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Helping to Support Adults in the Grieving Process	REL-BHC-0-HSAGP
Identifying and Addressing Older and Dependent Adult Abuse	REL-BHC-0-IAADA
Identifying and Intervening in the Early Stages of Psychosis	REL-BHC-0-IIESP
Identifying and Responding to Intimate Partner Violence	REL-BHC-0-IRIPV
Identifying and Treating ADHD	REL-BHC-0-ITADHD
Identifying and Treating Anxiety Disorders	REL-BHC-0-TDAD
Identifying and Treating Anxiety Disorders Among Older Adults	REL-BHC-MHA-0-ITADAOA
Identifying and Treating Borderline Personality Disorder	REL-BHC-0-ITBPD
Identifying and Treating Depressive Disorders	REL-BHC-0-TDDD
Identifying and Treating Non-Suicidal Self-Injurious Behavior in	REL-BHC-0-ITNSSIBA
Adults	THE BITE OF THIS BIBIT
Impact of Psychological and Physical Trauma	REL-BHC-0-IPPT
Improving Practice in the Delivery of Telehealth	REL-BHC-0-IPDT
In Session: Practicing Clinical Skills to Prevent Suicide in Adults	REL-BHC-0-ISPCSPSA
Incident Reporting in Behavioral Health	REL-BHC-0-IRBH
Interventions for Co-Occurring Disorders: Advanced Practice for Clinicians	REL-BHC-0-ICODAPC
Introduction to Cognitive Behavioral Therapy	REL-BHC-0-ICBT



Legal and Ethical Standards For Behavioral Health Professionals	REL-BHC-0-LESBHP
Navigating Ethical Challenges: Substance Use Disorder Counselors	REL-BHC-0-NECSUDC
Overview of Evidence-Based, Suicide-Specific Interventions	REL-BHC-0-OEBSSI
Overview of How Behavioral Health Disorders are Impacted by	REL-BHC-0-OHBHDIT
Trauma	
Overview of Medications for Opioid Use Disorder	REL-BHC-0-OMATOUD
Preventing and De-escalating Crisis Situations	REL-BHC-0-PDHS
Preventing, Identifying, and Responding to Abuse and Neglect	REL-BHC-0-PIRAN
Recovery Principles and Practices in Behavioral Health Treatment	REL-BHC-0-RPPBHT
Reducing Suicide Risk in Adolescents and Transition Age Youth	REL-BHC-0-RSRATAY
Refresher for CPR	REL-ALL-0-RCPR
Safety When Working in the Community	REL-BHC-0-SWWC
Strategies for Effective Use of the DSM-5-TR	REL-BHC-0-DSM5AO
Strategies for Treating and Preventing Relapse	REL-BHC-0-STPR
Supervision of Peers and Other Lived-Experience Professionals	REL-BHC-0-PHC
Supporting the Behavioral Health Goals of LGBTQ+ Clients	REL-BHC-0-ABHLGBTQC
The Biopsychosocial Model of Substance-Related and Addictive Disorders	REL-BHC-0-TBMSRAD
The Impact of Parental Substance Use Disorders on Children and Families	REL-BHC-0-IPSUDCF
The Influence of Trauma on Substance Use	REL-BHC-0-ITSU
Trauma-Informed Care Delivery for Clinicians and Peer Support Specialists	REL-BHC-0-TICDCPSS
Treating Posttraumatic Stress Disorder	REL-BHC-0-TPTSD
Understanding and Treating Personality Disorders	REL-BHC-0-UTPD
Use of Motivational Interviewing in Clinical Practice	REL-BHC-0-UMICP
Verbal De-escalation Strategies	REL-BHC-0-VDS
Veterans and Mental Health Conditions	REL-ALL-0-VMHC
Working with Difficult Individuals	REL-ALL-0-WWDI
Working with Individuals Experiencing Homelessness	REL-BHC-0-WIEH

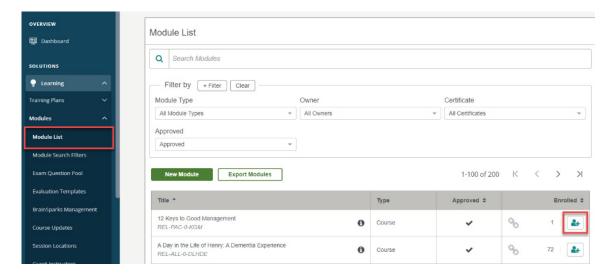


1. Share content with your staff as an elective option. Go to Learning > Modules > Module List.

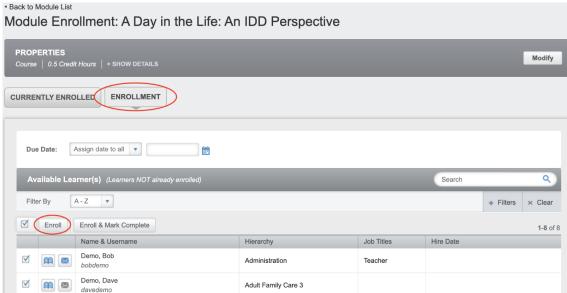
Click on the link icon next to the module's name. This will copy the link for this course to your clipboard which you can then send to users. When learners click this link, they will be enrolled in the course as an elective and taken directly to the course.



2. Assign individual modules. Go to the Module List and click on the enrollment icon to the right of your chosen module.



You will be taken to the Currently Enrolled page. Click the **Enrollment** tab and search for the learners you wish to enroll.

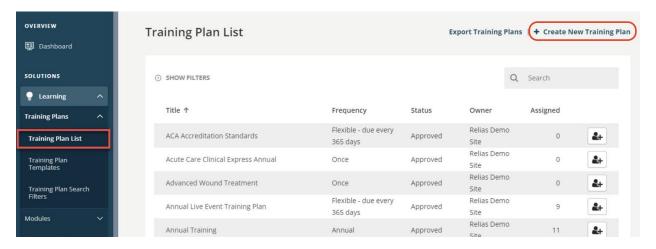


You can use the + Filters button to narrow down your search. Check the boxes next to the names or click the topmost check box to select all users who match the filters you have selected.



Once you have chosen the correct learners and the appropriate due date, click **Enroll.**

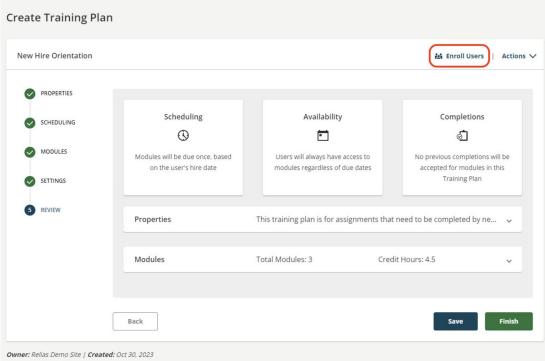
3. Build a training plan. Go to Learning > Training Plans > Training Plan List. Click + Create New Training Plan. (Reach out to us for assistance with modifying an existing training plan.)



Building a training plan is broken into five steps:

- **Properties** Give your training plan a unique name. Adding a description is optional.
- **Scheduling** Choose the frequency for how often learners are assigned the training plan (Once, Annually, or Flexible reassignment based on date of last completion). Select answers to the scheduling questions based on how you want modules to be assigned.
- Modules Click on the + Add Module button and search for modules in the list. Click on the check box beside the module name and click + Add to List. You also have the ability to stagger due dates in this section by adding days to the boxes on the right.
- **Settings** Depending on how often the training plan is assigned, this section will give different options. Here, you can decide the time period in which you will accept previous completions, choose whether to enable training notifications, and approve for enrollment.
- **Review** Summary of how the training plan will assign based on the options selected in the previous sections.





If you are ready to begin enrolling learners, click **Enroll Users** to go to the Enrollment pages. Reach out to us with any questions about setting up auto-enrollment profiles.