# RELIAS

# Council on Accreditation Standards - Service Standards H to O - 2023-2024 - COA Crosswalk 3 of 4

Relias offers online learning, staff compliance training, and continuing education for behavioral health organizations, intellectual and developmental disability providers, child welfare organizations, and healthcare and community services providers.

Relias Training Crosswalks are based on published accreditation standards. They are designed to assist organizations in the selection of courses from the Relias libraries to ensure and demonstrate staff competence according to the training standards. In some cases, it may be useful for customer organizations to develop training specific to the organization's individual needs.

General staff compliance trainings should be selected to ensure the organization meets OSHA and other regulatory requirements. Staff training is only one element of a successful survey and the Crosswalks are not meant to take the place of a careful review and evaluation of your program to the accreditation standards.

The courses listed in the crosswalk are a representative sample of courses available in Relias libraries. It may not be necessary to choose all courses listed for a specific training standard; it is recommended that courses are chosen that closely align with the mission and services offered and the specific needs of the persons served.

Disclaimer: The following constitutes Relias, LLC's recommendation of course work for each listed Crosswalk Measure. Relias does not make any guarantee that such course(s) will be accepted by the accrediting body(ies).

Reference: https://coanet.org/private-standards/

#### **Service Standards - Home Care and Support Services (HCS)**

#### HCS 2.03(2)

Supervisors of care providers also have on-the-job supervisory training for the first three months of service as a supervisor.

#### On-the-job supervisory training for the first three months of service as a supervisor

Module Code	Module Name	Hours
ORG CUSTOMIZED TRAINING	Organization Customized Training	0.00

#### Additional supplementary training options:

Module Code	Module Name	Hours
REL-ALL-0-HIEE	How to Improve Employee Engagement	1.50
REL-ALL-0-ITB	Introduction to Team Building	0.50
REL-ALL-0-SSKTB	Supervisory Skills: The Basics	0.50
REL-ALL-0-TTAS	Transitioning to a Supervisor	0.50

#### **Service Standards - Home Care and Support Services (HCS)**

#### HCS 2.04

All care providers are trained on, or demonstrate competency in:

Note: Applicable modules for this setting may be found in multiple Relias Libraries, including "Home Care Services" and/or "Home Health Services" libraries, as well as "Intellectual and Developmental Disabilities Services" libraries, depending on client population and services provided.

#### Maintaining a clean, safe, and healthy home environment

Module Code	Module Name	Hours
REL-PAC-0-BCTH	Basic Cleaning in the Home	0.50
REL-SRC-0-FSF	Food Safety Fundamentals	1.00
REL-PAC-0-HFS	Home Food Safety	0.50
REL-PAC-0-MSHE	Maintaining a Safe Home Environment	0.50

#### Reading and recording vital signs

Module Code	Module Name	Hours
REL-ACCRED1	Choose Appropriate Courses from Relias Learning Libraries	0.00
REL-PAC-0-MVS	Measuring Vital Signs	2.00
REL-IDD-0-TVSIIDD	Taking Vital Signs for Individuals with IDD	0.50

## Supporting self administration of medication in accordance with organization procedures, when applicable

Module Code	Module Name	Hours
REL-PAC-0-ASMB	Assisting with Self-Administration of Medications: The Basics	1.00
	Assisting with the Self-Administration of Medications for Home Care Staff	0.50

#### Communicating client information, needs, and status

Module Code	Module Name	Hours
REL-ACCRED1	Choose Appropriate Courses from Relias Learning Libraries	0.00
REL-IDD-0-HNOPIDD	Health Needs and Outcomes for People with IDD	0.50
REL-IDD-0-RHN	Healthcare Needs in IDD	0.75

REL-PAC-0-OAREP	Observation and Reporting	0.50
ORG POLICY/PROCEDURE	Organization-Specific Policies and Procedures	0.00

#### Observing and documenting client status and care or service provided

Module Code	Module Name	Hours
REL-PAC-0-LAHCD	Legal Aspects of Home Care Documentation	1.00
REL-PAC-0-OAREP	Observation and Reporting	0.50
REL-PAC-0-OREDOC	Observing, Reporting, and Documenting	1.00
ORG POLICY/PROCEDURE	Organization-Specific Policies and Procedures	0.00

#### Following universal precautions and basic infection control procedures

Module Code	Module Name	Hours
REL-ALL-0-BHH	Basics of Hand Hygiene	0.25
REL-ALL-0-BPPE	Basics of Personal Protective Equipment	0.50
REL-ALL-0-ICBC	Infection Control: Basic Concepts	0.25
REL-ALL-0-IFEP	Infection Control: Essential Principles	0.50

#### Adapting to a range of in-home care circumstances

Module Code	Module Name	Hours
REL-ACCRED1	Choose Appropriate Courses from Relias Learning Libraries	0.00
REL-IDD-0-DAD	Diversity and Disability	0.50
REL-PAC-0-MBOUNDH	Maintaining Boundaries in the Home	0.50
REL-BHC-0-SWWC	Safety When Working in the Community	1.25
REL-PAC-0-UCCHC	Use of Cultural Competence in Home Care	1.00

#### Providing aid with activities of daily living

Module Code	Module Name	Hours
REL-IDD-0-AB	Assisting with Bathing	0.25
REL-PAC-0-AIADLS	Assisting with IADLS	1.00
REL-PAC-0-APC	Assisting with Personal Care	1.00
REL-IDD-0-AS	Assisting with Shaving	0.25
REL-ACCRED1	Choose Appropriate Courses from Relias Learning Libraries	0.00

#### **Service Standards - Home Care and Support Services (HCS)**

#### HCS 2.06, HCS 2.07, and HCS 2.08

Program personnel have the competency and support needed to provide services and meet the needs of persons served.

Note: Applicable modules for this setting may be found in multiple Relias Libraries, including "Home Care Services" and/or "Home Health Services" libraries, as well as "Intellectual and Developmental Disabilities Services" libraries, depending on client population and services provided.

Individuals providing personal care aide services receive a minimum of 40 hours training instruction. Training hours do not need to be completed before the care provider begins providing services

Note: Relias offers initial personal care aide training plans; speak with a Relias representative for details

Module Code	Module Name	Hours
REL-ACCRED1	Choose Appropriate Courses from Relias Learning Libraries	0.00

Individuals providing homemaker services receive a minimum of eight (8) hours of training instruction. Training hours do not need to be completed before the care provider begins providing services

#### Suggested, in addition to organizational training:

Module Code	Module Name	Hours
REL-PAC-0-AIADLS	Assisting with IADLS	1.00
REL-PAC-0-APC	Assisting with Personal Care	1.00
REL-PAC-0-BCTH	Basic Cleaning in the Home	0.50
REL-PAC-0-BASMM	Basics of Medication Management	1.00
REL-PAC-0-BCC	Being a Companion Caregiver	0.50
REL-ALL-0-MBI	Managing Bug Infestations	0.25
REL-ALL-0-PRRA	Preventing, Recognizing, and Reporting Abuse	0.50
REL-PAC-0-PROSE	Promoting Safe Eating	0.50
REL-PAC-0-PCRHC	Protecting Client Rights in Home Care	0.50
REL-PAC-0-STCHC	Safely Transporting Clients for Home Care	0.50
REL-PAC-0-TBNFS	The Basics of Nutrition and Food Safety	1.00

All care providers receive continuing, in-service education following completion of initial training requirements to ensure personnel are confident in their ability to provide

#### quality support assistance

Module Code	Module Name	Hours
REL-ACCRED1	Choose Appropriate Courses from Relias Learning Libraries	0.00

#### **Service Standards - Home Care and Support Services (HCS)**

HCS 3.02

Personnel who work with individuals with special needs are trained on, or demonstrate competency in:

Note: Applicable modules for this setting may be found in multiple Relias Libraries, including "Home Care Services" and/or "Home Health Services" libraries, as well as "Intellectual and Developmental Disabilities Services" libraries, depending on client population and services provided.

Attending to the physical, mental, social, economic, and emotional needs of the service population

#### For additional/alternative course options, refer to the module library

Module Code	Module Name	Hours
REL-ACCRED1	Choose Appropriate Courses from Relias Learning Libraries	0.00
ORG CUSTOMIZED TRAINING	Organization Customized Training	0.00

#### Recognizing problems and responding to impending emergencies or crises

Module Code	Module Name	Hours
ORG CUSTOMIZED TRAINING	Organization Customized Training	0.00
ORG EMERGENCY P&P	Organization-Specific Emergency Policies and Plans	0.00
	Supporting Individuals with Disabilities During Emergency Situations	1.00

### Providing preventative and supportive services to ensure maximum participation and self-determination

#### For additional/alternative course options, refer to the module library

Module Code	Module Name	Hours
REL-IDD-0-CMPWIDD	Choice Making for People with IDD	0.75
REL-PAC-0-PRCLIND	Promoting Independence for Older Adults	1.00

## Service Standards - Housing Stabilization and Community Living Services (HSCL)

HSCL 2.05

Personnel who provide peer support are trained on, or demonstrate competency in:

#### How to recognize the need for more intensive services and make an appropriate linkage

Module Code	Module Name	Hours
ORG CUSTOMIZED TRAINING	Organization Customized Training	0.00

## Established ethical guidelines, including setting appropriate boundaries and protecting confidentiality and privacy

Module Code	Module Name	Hours
	Boundaries for Peers and Other Lived-Experience Professionals	0.50

#### Wellness support methods, trauma-informed care practices, and recovery resources

Module Code	Module Name	Hours
REL-BHC-0-PSSUR	Peer Support in Substance Use Recovery	1.25
REL-BHC-0-TICDCPSS	Trauma-Informed Care Delivery for Clinicians and Peer Support Specialists	1.25
REL-BHC-0-WSSAR	Wellness Strategies that Support Addiction Recovery	1.00

## Managing personal triggers that may occur during the course of their role as a peer support provider

Module Code	Module Name	Hours
REL-BHC-0-IPSPSP	Introduction to Peer Support for Peer Support Professionals	1.00
REL-BHC-0-SCSFP	Self-Care Strategies for Frontline Professionals	1.25

#### Skills, concepts, and philosophies related to recovery and peer support

Module Code	Module Name	Hours
REL-BHC-0-IPSPSP	Introduction to Peer Support for Peer Support Professionals	1.00
REL-BHC-0-PSSUR	Peer Support in Substance Use Recovery	1.25
REL-BHC-0-RPPBHT	Recovery Principles and Practices in Behavioral Health	1.00

Treatment	
Supporting Recovery through Mindfulness, Meditation and Spirituality	1.50

## Service Standards - Housing Stabilization and Community Living Services (HSCL)

HSCL 2.06

All direct service personnel are trained on, or demonstrate competency in:

#### Understanding stigma and labeling

Module Code	Module Name	Hours
	Recovery-Oriented Community Inclusion and Social Determinants of Health	1.00

#### Harm reduction

Module Code	Module Name	Hours
REL-BHC-0-HRSU	Harm Reduction in Substance Use	1.25

#### Recognizing and responding to signs of suicide risk

Module Code	Module Name	Hours
REL-BHC-0-ASSR	Assessing and Screening for Suicide Risk	1.50
REL-BHC-0-OEBSSI	Overview of Evidence-Based, Suicide-Specific Interventions	1.50
REL-BHC-0-SSDCS	Suicide Screening for Direct Care Staff	0.50

# Understanding homelessness, including the causes and effects of homelessness, overrepresented and vulnerable populations, impact of homelessness on child development, barriers to exiting homelessness, and service needs

Module Code	Module Name	Hours
REL-ACCRED1	Choose Appropriate Courses from Relias Learning Libraries	0.00
REL-BHC-0-WIEH	Working with Individuals Experiencing Homelessness	1.25
REL-BHC-0-WIEHSUD	Working with Individuals Experiencing Homelessness and Substance Use Disorder	1.25

## Service Standards - Housing Stabilization and Community Living Services (HSCL)

HSCL 2.07

All direct service personnel are trained on, or demonstrate competency in, understanding the special service needs of individuals, including, as appropriate:

Individuals coping with substance use and/or mental health issues, including dual diagnosis

Module Code	Module Name	Hours
REL-BHC-0-AOSUD	An Overview of Substance Use Disorders	1.00
REL-ACCRED1	Choose Appropriate Courses from Relias Learning Libraries	0.00
REL-BHC-0-OTSTSUD	Common Substances and Treatment of Substance Use Disorders	1.25
REL-BHC-0-ISUDFAT	Impact of Substance Use Disorders on Families and Approaches to Treatment	1.25
REL-BHC-0-OCDP	Overview of Co-Occurring Disorders for Paraprofessionals	0.75
REL-BHC-0-OSSOPDP	Schizophrenia Spectrum and Other Psychotic Disorders for Paraprofessionals	1.00
REL-BHC-0-SPSMIR	Supporting Persons with Serious Mental Illness toward Recovery	1.50

Individuals coping with trauma, including how to recognize trauma and appropriate interventions for addressing the acute health needs of trauma victims

Module Code	Module Name	Hours
REL-BHC-0-ATSRD	Addressing Trauma and Stressor Related Disorders	1.25
REL-BHC-0-AITIC	An Introduction to Trauma-Informed Care	1.50
REL-BHC-0-TICDCPSS	Trauma-Informed Care Delivery for Clinicians and Peer Support Specialists	1.25

#### Individuals with HIV/AIDS

Module Code	Module Name	Hours
REL-PAC-0-FI	HIV/AIDS - Focusing on the Individual	1.00
REL-ALL-0-HIVBEB	HIV: Beyond the Basics	1.00

#### Individuals who identify as lesbian, gay, bisexual, transgender, or gender nonconforming

Module Code	Module Name	Hours
REL-BHC-0-ABHLGBTQC	Supporting the Behavioral Health Goals of LGBTQ+ Clients	1.50

## Individuals who may be the victims of human trafficking or sexual exploitation, including how to identify potential victims

Module Code	Module Name	Hours
REL-ALL-0-UHT	Understanding Human Trafficking	1.00

#### Individuals and families experiencing or at risk of homelessness

Module Code	Module Name	Hours
REL-BHC-0-WIEH	Working with Individuals Experiencing Homelessness	1.25

#### Pregnant and parenting mothers and/or fathers with young children

Module Code	Module Name	Hours
REL-ACCRED1	Choose Appropriate Courses from Relias Learning Libraries	0.00
ORG CUSTOMIZED TRAINING	Organization Customized Training	0.00

#### Persons with current or past criminal justice system involvement

Module Code	Module Name	Hours
REL-ACCRED1	Choose Appropriate Courses from Relias Learning Libraries	0.00
REL-BHC-0-SUTJII	Substance Use Treatment with Justice Involved Individuals	1.25

#### Persons with current or past child welfare system involvement

Module Code	Module Name	Hours
REL-BHC-0-ABHNIICW	Addressing Behavioral Health Needs of Individuals Involved in Child Welfare	1.25
ORG CUSTOMIZED TRAINING	Organization Customized Training	0.00
REL-BHC-0-PNYFCS	Promoting Normalcy for Youth in Foster Care Settings	1.00

#### Persons with intellectual and developmental disabilities

Module Code	Module Name	Hours
REL-IDD-0-HNOPIDD	Health Needs and Outcomes for People with IDD	0.50
REL-IDD-0-IDAO	Intellectual Disabilities: Interventions, Supports and Outcomes	1.00

#### Older adults

Module Code	Module Name	Hours
REL-PAC-0-CDOA	Cultural Diversity and the Older Adult	1.25
REL-BHC-0-DSOA	Depression and Suicidality in Older Adults	1.25
REL-BHC-0-IAADA	Identifying and Addressing Older and Dependent Adult Abuse	1.25
REL-BHC-0-SASUDOA	Screening and Assessing for Substance Use Disorders in Older Adults	1.25

## Service Standards - Housing Stabilization and Community Living Services (HSCL)

HSCL 2.08

Case mangers are trained on, or demonstrate competency in:

#### Basic counseling skills

Module Code	Module Name	Hours
REL-ACCRED1	Choose Appropriate Courses from Relias Learning Libraries	0.00

#### Conducting housing searches;

Landlord engagement;

Conducting home visits, including identifying and responding to potential lease issues, as appropriate

	Module Code	Module Name	Hours
С	RG CUSTOMIZED TRAINING	Organization Customized Training	0.00

#### Issues related to individuals and families involved with multiple systems

Module Code	Module Name	Hours
REL-BHC-0-ESCACSA	Ecological Systems of Care Across Child-Serving	1.00

Agencies	

#### Helping individuals live in the community or transition to independent living

Module Code	Module Name	Hours
REL-BHC-0-WIEH	Working with Individuals Experiencing Homelessness	1.25

## Service Standards - Housing Stabilization and Community Living Services (HSCL)

HSCL 2.09

Recovery housing personnel are trained on, or demonstrate competency in:

#### Medication assisted recovery and applicable policies and procedures

Module Code	Module Name	Hours
ORG POLICY/PROCEDURE	Organization-Specific Policies and Procedures	0.00
REL-BHC-0-OMATOUD	Overview of Medications for Opioid Use Disorder	1.25

### How to identify and report unethical practices including patient brokering or excessive confirmation testing

Module Code	Module Name	Hours
ORG CUSTOMIZED TRAINING	Organization Customized Training	0.00

#### Emphasizing peer support and experiential learning in recovery

Module Code	Module Name	Hours
REL-BHC-0-PSSUR	Peer Support in Substance Use Recovery	1.25

#### Service Standards - Integrated Care; Health Homes (ICHH)

ICHH 2.01

Personnel are trained on, or demonstrate competency in:

#### Coordinating and providing access to needed services

Module Code	Module Name	Hours
REL-ACCRED1	Choose Appropriate Courses from Relias Learning Libraries	0.00

REL-BHC-0-IPBHIntegration of Primary and Behavioral Healthcare1.25
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#### Applicable evidence-based interventions

Module Code	Module Name	Hours
REL-ACCRED1	Choose Appropriate Courses from Relias Learning Libraries	0.00
REL-BHC-0-TDAD	Identifying and Treating Anxiety Disorders	1.50
REL-BHC-0-TDDD	Identifying and Treating Depressive Disorders	1.25
REL-BHC-0-OEBSSI	Overview of Evidence-Based, Suicide-Specific Interventions	1.50

## Physical health issues commonly associated with mental health or substance use conditions;

Health conditions and treatment responses particular to the service population; Chronic disease management, including promoting self-management

Module Code	Module Name	Hours
REL-BHC-0-ADOBHP	About Diabetes: Overview for Behavioral Health Professionals	1.00
REL-BHC-0-AOOIMHD	Addressing Overweight & Obesity in Individuals with Mental Health Disorders	1.25
REL-BHC-0-ATUBHP	Addressing Tobacco Use in the Behavioral Health Population	1.00
REL-ACCRED1	Choose Appropriate Courses from Relias Learning Libraries	0.00
REL-BHC-0-HISMIMRD	Helping Individuals with SMI Manage Respiratory Disease	1.50
REL-BHC-0-IDOHBH	Impact of Dental and Oral Health in Behavioral Health for Paraprofessionals	0.75
REL-BHC-0-UAINEBH	Impact of Nutrition and Exercise on Behavioral Health for Paraprofessionals	1.00
REL-BHC-0-ICODAPC	Interventions for Co-Occurring Disorders: Advanced Practice for Clinicians	1.25
REL-BHC-ICOD	Introduction to Co-Occurring Disorders	1.25
REL-BHC-0-MRCDBHC	Mitigating Risk for Cardiovascular Disease Among Behavioral Health Clients	1.75
REL-BHC-0-SURHHOID	Substance Use: Risk of HIV, Hepatitis, and Other Infectious Diseases	1.25

#### Developing a person- or family-centered care plan

Module Code	Module Name	Hours
	Approaches to Person-Centered Planning in Behavioral Health	1.00

#### Understanding the roles played by different child-serving systems, as applicable

Module Code	Module Name	Hours
ORG CUSTOMIZED TRAINING	Organization Customized Training	0.00

Using health information technology to link services and facilitate collaboration among providers, the person, and his or her family

Module Code	Module Name	Hours
ORG CUSTOMIZED TRAINING	Organization Customized Training	0.00

## Service Standards - Intellectual and Developmental Disabilities Services (IDDS)

IDDS 1.05

The organization ensures personnel are trained on therapeutic interventions prior to coming in contact with the service population

#### Suggested therapeutic interventions:

Module Code	Module Name	Hours
REL-BHC-0-PCBTPIDD	Providing Cognitive Behavioral Therapy to Persons with IDD	1.25
REL-IDD-0-SIIDDSUD	Supporting Individuals with Intellectual and Developmental Disabilities with Substance Use Disorder	1.00
REL-IDD-0-SIIDDCOD	Supporting People with IDD and Mental Health Conditions	1.00

## Service Standards - Intellectual and Developmental Disabilities Services (IDDS)

IDDS 2.01

Direct support personnel are trained on or demonstrate competency in:

#### Interaction and communication techniques

Module Code	Module Name	Hours
REL-IDD-0-MOC	Methods of Communication	0.50
REL-IDD-AAIDD-PPBSP10	Principles of Positive Behavior Support Pt.1: Overview	0.75
REL-IDD-0-SSIIASD	Social Integration Strategies for People with Autism Spectrum Disorder	0.75
REL-IDD-GHA-SIST	Systematic Instruction Strategies and Techniques	1.25

#### Implementation of person-centered service plans

Module Code	Module Name	Hours
REL-IDD-0-PCP	Person-Centered Planning	1.75
REL-IDD-0-USP	Using Service Plans	0.50

#### Implementing the principles of self-determination and inclusion

Module Code	Module Name	Hours
REL-IDD-0-BRCPIDD	Building Relationships and Community for People with IDD	0.75
REL-IDD-0-CMPWIDD	Choice Making for People with IDD	0.75
REL-IDD-0-SDS	Self-Directed Services	0.50
REL-IDD-0-SQL	Supporting Quality of Life for Individuals with IDD	1.00
REL-IDD-0-TSAS	Supporting Self-Advocacy Skills	0.50

#### De-escalation techniques in relation to this population

Module Code	Module Name	Hours
REL-IDD-0-IBC1	Positive Behavior Support Planning: Part 1	2.00
REL-IDD-0-IBC2	Positive Behavior Support Planning: Part 2	2.25
REL-IDD-0-MCBPIDD	Providing Support for Challenging Behavior	0.50

#### Use of assistive technology

Module Code	Module Name	Hours
REL-IDD-0-MOC	Methods of Communication	0.50

#### Teaching ADLs

Module Code	Module Name	Hours
REL-IDD-0-AB	Assisting with Bathing	0.25
REL-IDD-0-ANC	Assisting with Nail Care	0.25
REL-IDD-0-AS	Assisting with Shaving	0.25
REL-IDD-AAIDD-PPBSP2TFS	Principles of Positive Behavior Support Pt.2: Choice, Skills, and Environment	0.50

#### Recognizing and addressing abuse, neglect, and exploitation

Module Code	Module Name	Hours
REL-IDD-0-OANIDD	Overview of Abuse and Neglect of Individuals with IDD	1.00

## Service Standards - Intellectual and Developmental Disabilities Services (IDDS)

IDDS 2.02

Direct support personnel are trained or demonstrate competency in the following, as appropriate to the service and needs of individuals served:

#### Positive behavioral supports

Module Code	Module Name	Hours
REL-IDD-AAIDD-PPBSP10	Principles of Positive Behavior Support Pt.1: Overview	0.75
REL-IDD-AAIDD-PPBSP2TFS	Principles of Positive Behavior Support Pt.2: Choice, Skills, and Environment	0.50
REL-IDD-AAIDD-PPBSP3TIIDD	Principles of Positive Behavior Support Pt.3: Teaching New Skills	0.50
REL-IDD-AAIDD-PPBSP4IBSP	Principles of Positive Behavior Support Pt.4: Importance of BSPs	0.75

#### Assisted dining techniques and good nutrition

Module Code	Module Name	Hours
REL-IDD-0-OSED	An Overview of Safe Eating and Drinking	0.75
REL-IDD-0-SHEE	Supporting Healthy Eating and Exercise	0.75

#### Lifting and transfer techniques

Module Code	Module Name	Hours
REL-ALL-0-TRSA	Transferring Safely	0.25

REL-PAC-0-UMLS	Using Mechanical Lifts Safely	1.00
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#### Safe transportation techniques

Module Code	Module Name	Hours
REL-IDD-0-CT	Community Transportation	0.50
ORG CUSTOMIZED TRAINING	Organization Customized Training	0.00

#### Health related supports

Module Code	Module Name	Hours
REL-IDD-0-CHPIPIDD	Common Health Problems and Interventions for Persons with IDD	0.50
REL-IDD-0-HNOPIDD	Health Needs and Outcomes for People with IDD	0.50
REL-IDD-0-MHSIIDD	Monitoring Health and Safety of Individuals with IDD	1.00
REL-IDD-0-PFIDD	Preventing Falls	1.00

#### Medication administration

Module Code	Module Name	Hours
REL-PAC-0-ASMB	Assisting with Self-Administration of Medications: The Basics	1.00
REL-IDD-0-MM	Medication Management Part 1: Overview	0.50
REL-IDD-0-UM	Medication Management Part 2: Understanding Medications	0.50
REL-IDD-0-MLD	Medication Management Part 3: Labels and Documentation	0.50
REL-IDD-0-AM	Medication Management Part 4: Administering Medications	0.50

## Service Standards - Intellectual and Developmental Disabilities Services (IDDS)

IDDS 2.03

There is at least one person on duty at each program site any time the program is in operation that has received first aid and age-appropriate CPR training in the previous two years that included an inperson, hands-on CPR skills assessment conducted by a certified CPR instructor.

CPR (Relias does not offer hands-on training)

Module Code	Module Name	Hours
CLASSROOM TRAINING	Classroom Training Required	0.00
CPR/BLS/FIRST AID	CPR/BLS/First Aid Certification (Available For Purchase)	0.00

#### Service Standards - Juvenile Justice Case Management Services (JJCM)

JJCM 2.03

#### All direct service personnel are trained on, or demonstrate competency in:

#### Understanding youth development

Module Code	Module Name	Hours
REL-BHC-0-DCCA	Developmental Concerns in Childhood and Adolescence	1.50

#### Assessing risks and safety

Module Code	Module Name	Hours
REL-ACCRED1	Choose Appropriate Courses from Relias Learning Libraries	0.00
REL-BHC-0-EFMCP	Engaging Family Members in Crisis Planning	1.00
REL-PS-0-SJCF-V2	Using a Behavioral Management Approach to Supervision of Youth in Confinement	1.50

#### Recognizing and responding to needs, including needs related to health

Module Code	Module Name	Hours
REL-PSC-0-NHACS	Nursing Health Assessment in Correctional Settings	1.00
REL-PSC-0-ORAMMH	Offender Rights: Access to Medical and Mental Healthcare	0.75
REL-PSC-0-WAJOCI	Working with Adult and Juvenile Offenders with Chronic Illness	1.50

#### Recognizing and responding to needs, including needs related to mental health

Module Code	Module Name	Hours
REL-BHC-0-AOADHDP	An Overview of ADHD for Paraprofessionals	1.00
REL-BHC-0-ATACA	Assessing and Treating Anxiety in Children and Adolescents	1.75
REL-PSC-0-MHTC	Behavioral Health Treatment in Corrections: An Introduction	1.75

REL-BHC-0-DICCDCA	Externalizing and Disruptive Behavior Disorders in Children and Adolescents	1.75
REL-BHC-0-ITADHD	Identifying and Treating ADHD	2.00
REL-BHC-0-OMMHDCP	Overview of Mood and Anxiety Disorders in Children for Paraprofessionals	1.00
REL-PS-0-UJOMD-V2	Understanding Juvenile Offenders with Behavioral Health Disorders	2.00

#### Recognizing and responding to needs, including needs related to trauma

Module Code	Module Name	Hours
	Choose Appropriate Courses from Relias Learning Libraries	0.00

#### Recognizing and responding to needs, including needs related to substance abuse

Module Code	Module Name	Hours
REL-BHC-0-AOSUD	An Overview of Substance Use Disorders	1.00
REL-BHC-0-OCDP	Overview of Co-Occurring Disorders for Paraprofessionals	0.75
REL-HHS-0-SUFPP-V2	Substance Use and the Family for Paraprofessionals	1.25

Providing services in a culturally competent manner that considers gender and gender identity, race, ethnicity, sexual orientation, developmental level, disability, and other relevant characteristics

Module Code	Module Name	Hours
REL-PS-0-CDIV	Cultural Awareness in Corrections	1.50
REL-PS-0-SMGLBT	Safe Management of Lesbian, Gay, Bisexual, Transgender, Queer/Questioning, and Intersex Populations	2.00
REL-BHC-0-WMELGBTQCY	Working More Effectively with LGBTQ+ Children and Youth	1.25

## Understanding the different organizations, agencies, and systems likely to serve or encounter youth involved with the juvenile justice system

Module Code	Module Name	Hours
REL-PSC-0-DCPJCS	Developing Case Plans for Juveniles on Community Supervision	2.00
REL-PSC-0-ECMJPC	Effective Case Management of Juvenile Probation	3.50

	Cases	
ORG CUSTOMIZED TRAINING	Organization Customized Training	0.00

#### Service Standards - Juvenile Justice Day Services (JJD)

JJD 2.05

All direct service personnel are trained on, or demonstrate competency in:

#### Understanding youth development

Module Code	Module Name	Hours
REL-BHC-0-DCCA	Developmental Concerns in Childhood and Adolescence	1.50

#### Assessing risks and safety

Module Code	Module Name	Hours
REL-PS-0-JFCCSO	Controlling Contraband in Juvenile Facilities	2.25
REL-BHC-0-EFMCP	Engaging Family Members in Crisis Planning	1.00
REL-PS-0-SJCF-V2	Using a Behavioral Management Approach to Supervision of Youth in Confinement	1.50

#### Recognizing and responding to needs, including needs related to health

Module Code	Module Name	Hours
REL-PSC-0-NHACS	Nursing Health Assessment in Correctional Settings	1.00
REL-PSC-0-ORAMMH	Offender Rights: Access to Medical and Mental Healthcare	0.75
REL-PSC-0-WAJOCI	Working with Adult and Juvenile Offenders with Chronic Illness	1.50

#### Recognizing and responding to needs, including needs related to mental health

Module Code	Module Name	Hours
REL-BHC-0-AOADHDP	An Overview of ADHD for Paraprofessionals	1.00
REL-BHC-0-ATACA	Assessing and Treating Anxiety in Children and Adolescents	1.75
REL-PSC-0-MHTC	Behavioral Health Treatment in Corrections: An Introduction	1.75
REL-ACCRED1	Choose Appropriate Courses from Relias Learning Libraries	0.00
REL-BHC-0-OMMHDCP	Overview of Mood and Anxiety Disorders in Children for	1.00

Paraprofessionals	
Understanding Juvenile Offenders with Behavioral Health Disorders	2.00

#### Recognizing and responding to needs, including needs related to substance use

Module Code	Module Name	Hours
REL-BHC-0-AOSUD	An Overview of Substance Use Disorders	1.00
REL-BHC-0-OCDP	Overview of Co-Occurring Disorders for Paraprofessionals	0.75
REL-HHS-0-SUFPP-V2	Substance Use and the Family for Paraprofessionals	1.25

#### Appropriate disciplinary techniques

Module Code	Module Name	Hours
REL-PS-0-CMPDJO-V2	Crisis Management in Juvenile Confinement Settings	1.25
	Using a Behavioral Management Approach to Supervision of Youth in Confinement	1.50

# Providing services in a culturally competent manner that considers gender and gender identity, race, ethnicity, sexual orientation, developmental level, disability, and other relevant characteristics

Module Code	Module Name	Hours
REL-PS-0-CDIV	Cultural Awareness in Corrections	1.50
REL-PS-0-SMGLBT	Safe Management of Lesbian, Gay, Bisexual, Transgender, Queer/Questioning, and Intersex Populations	2.00
REL-BHC-0-WMELGBTQCY	Working More Effectively with LGBTQ+ Children and Youth	1.25

## Understanding the different organizations, agencies, and systems likely to serve or encounter youth involved with the juvenile justice system

Module Code	Module Name	Hours
REL-PSC-0-DCPJCS	Developing Case Plans for Juveniles on Community Supervision	2.00
REL-PSC-0-ECMJPC	Effective Case Management of Juvenile Probation Cases	3.50
ORG CUSTOMIZED TRAINING	Organization Customized Training	0.00

#### Service Standards - Juvenile Justice Day Services (JJD)

#### JJD 2.06

There is at least one person on duty at each program site any time the program is in operation that has received first aid and age-appropriate CPR training in the previous two (2) years that included an inperson, hands-on CPR skills assessment conducted by a certified CPR instructor.

#### CPR (Relias does not offer hands-on training)

Module Code	Module Name	Hours
CLASSROOM TRAINING	Classroom Training Required	0.00
CPR/BLS/FIRST AID	CPR/BLS/First Aid Certification (Available For Purchase)	0.00

#### Service Standards - Juvenile Justice Residential Services (JJR)

#### JJR 1.03

The organization ensures personnel are trained on therapeutic interventions prior to coming in contact with the service population.

#### Suggested therapeutic interventions

Module Code	Module Name	Hours
REL-BHC-0-AOSFBT	An Overview of Solution-Focused Brief Therapy	1.25
REL-ACCRED1	Choose Appropriate Courses from Relias Learning Libraries	0.00
REL-BHC-0-ICBT	Introduction to Cognitive Behavioral Therapy	1.25

#### Service Standards - Juvenile Justice Residential Services (JJR)

#### JJR 2.04

All direct service personnel are trained on, or demonstrate competency in:

#### Understanding youth development

Module Code	Module Name	Hours
REL-BHC-0-DCCA	Developmental Concerns in Childhood and Adolescence	1.50

#### Assessing risks and safety

Module Code	Module Name	Hours
REL-PS-0-JFCCSO	Controlling Contraband in Juvenile Facilities	2.25
REL-PS-0-SJCF-V2	Using a Behavioral Management Approach to	1.50

Supervision of Youth in Confinement	
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#### Recognizing and responding to needs, including needs related to health

Module Code	Module Name	Hours
REL-PSC-0-NHACS	Nursing Health Assessment in Correctional Settings	1.00
REL-PSC-0-ORAMMH	Offender Rights: Access to Medical and Mental Healthcare	0.75

#### Recognizing and responding to needs, including needs related to mental health

Module Code	Module Name	Hours
REL-BHC-0-AOADHDP	An Overview of ADHD for Paraprofessionals	1.00
REL-BHC-0-ATACA	Assessing and Treating Anxiety in Children and Adolescents	1.75
REL-PSC-0-MHTC	Behavioral Health Treatment in Corrections: An Introduction	1.75
REL-BHC-0-OMMHDCP	Overview of Mood and Anxiety Disorders in Children for Paraprofessionals	1.00
REL-PS-0-UJOMD-V2	Understanding Juvenile Offenders with Behavioral Health Disorders	2.00

#### Recognizing and responding to needs, including needs related to trauma

Module Code	Module Name	Hours
	Choose Appropriate Courses from Relias Learning Libraries	0.00

#### Recognizing and responding to needs, including needs related to substance use

Module Code	Module Name	Hours
REL-BHC-0-AOSUD	An Overview of Substance Use Disorders	1.00
REL-BHC-0-OCDP	Overview of Co-Occurring Disorders for Paraprofessionals	0.75
REL-HHS-0-SUFPP-V2	Substance Use and the Family for Paraprofessionals	1.25

#### Suicide prevention and response

Module Code	Module Name	Hours
REL-PSC-0-SJF1MLM	Suicide in Juvenile Facilities Pt. 1: Methods, Liabilities and Myths	0.50
REL-PSC-0-SJF2ISR	Suicide in Juvenile Facilities Pt. 2: Identifying Suicide Risk	0.75
REL-PSC-0-SJF3PS	Suicide in Juvenile Facilities Pt. 3: Preventing Suicide	1.00
REL-PSC-0-SJF4RS	Suicide in Juvenile Facilities Pt. 4: Responding to Suicide	1.00

#### Appropriate disciplinary techniques

Module Code	Module Name	Hours
REL-PS-0-CMPDJO-V2	Crisis Management in Juvenile Confinement Settings	1.25
REL-PS-0-SJCF-V2	Using a Behavioral Management Approach to Supervision of Youth in Confinement	1.50

Providing services in a culturally competent manner that considers gender and gender identity, race, ethnicity, sexual orientation, developmental level, disability, and other relevant characteristics

Module Code	Module Name	Hours
REL-PS-0-CDIV	Cultural Awareness in Corrections	1.50
REL-PS-0-SMGLBT	Safe Management of Lesbian, Gay, Bisexual, Transgender, Queer/Questioning, and Intersex Populations	2.00
REL-BHC-0-WMELGBTQCY	Working More Effectively with LGBTQ+ Children and Youth	1.25

#### Protocols for responding to service recipients who run away

Module Code	Module Name	Hours
ORG POLICY/PROCEDURE	Organization-Specific Policies and Procedures	0.00

#### Understanding the importance of rehabilitation and reintegration

Module Code	Module Name	Hours
ORG CUSTOMIZED TRAINING	Organization Customized Training	0.00

Understanding the definitions of human trafficking (both labor and sex trafficking) and sexual exploitation, and identifying potential victims

Module Code	Module Name	Hours
REL-ALL-0-HTAGE	Human Trafficking: A Growing Epidemic	2.00
REL-ALL-0-UHT	Understanding Human Trafficking	1.00

## Understanding the different organizations, agencies, and systems likely to serve or encounter youth involved with the juvenile justice system

Module Code	Module Name	Hours
REL-PSC-0-DCPJCS	Developing Case Plans for Juveniles on Community Supervision	2.00
REL-PSC-0-ECMJPC	Effective Case Management of Juvenile Probation Cases	3.50
ORG CUSTOMIZED TRAINING	Organization Customized Training	0.00

### Service Standards - Mental Health and/or Substance Use Services (MHSU)

#### MHSU 1.03

The organization ensures staff are trained on therapeutic interventions prior to coming in contact with the service population.

#### Suggested therapeutic interventions

Module Code	Module Name	Hours
REL-BHC-0-AOSFBT	An Overview of Solution-Focused Brief Therapy	1.25
REL-ACCRED1	Choose Appropriate Courses from Relias Learning Libraries	0.00
REL-BHC-0-IEBPCP	Implementing Evidence-Based Practices in Clinical Practice	1.00
REL-BHC-0-ICBT	Introduction to Cognitive Behavioral Therapy	1.25

#### Service Standards - Mental Health and/or Substance Use Services (MHSU)

MHSU 2.03

Clinical personnel are trained on, or demonstrate competence in:

#### Evidence-based practices and other relevant emerging bodies of knowledge

Module Code	Module Name	Hours
	Addressing Substance Use in Military and Veteran Populations	1.50
REL-BHC-0-OTSTSUD	Common Substances and Treatment of Substance Use Disorders	1.25

REL-BHC-0-IEBPCP	Implementing Evidence-Based Practices in Clinical Practice	1.00
REL-BHC-0-OMATOUD	Overview of Medications for Opioid Use Disorder	1.25
REL-BHC-0-IMRC	The Illness Management and Recovery Model	1.00

#### Psychosocial and ecological or person-in-environment perspectives

Module Code	Module Name	Hours
	Biopsychosocial Model of Substance-Related and Addictive Disorders	1.00

#### Criteria to determine the need for more intensive services

Module Code	Module Name	Hours
ORG CUSTOMIZED TRAINING	Organization Customized Training	0.00
REL-BHC-0-SBISUI	Screening and Brief Interventions for Substance Use Issues	1.50

## Methods of crisis prevention and intervention, including assessing for and responding to signs of suicide risk or other safety threats/risks

Module Code	Module Name	Hours
REL-BHC-0-ASSR	Assessing and Screening for Suicide Risk	1.50
REL-BHC-0-CBIRSR	Community-Based Interventions to Reduce Suicide Risk	1.75
REL-BHC-0-OEBSSI	Overview of Evidence-Based, Suicide-Specific Interventions	1.50
REL-BHC-0-RRPC	Recognizing and Responding to a Person in Crisis	1.50

#### Understanding child development and individual and family functioning

Module Code	Module Name	Hours
REL-BHC-0-DCCA	Developmental Concerns in Childhood and Adolescence	1.50
REL-BHC-0-DSFBFYO	Developmental Stages from Birth to Five Years Old	0.75
REL-BHC-0-ISUDFAT	Impact of Substance Use Disorders on Families and Approaches to Treatment	1.25
REL-BHC-0-OFAI	Overview of Family Assessment and Intervention	1.75
REL-HHS-0-SUFPP-V2	Substance Use and the Family for Paraprofessionals	1.25

#### Identifying and building on strengths and protective factors

Module Code	Module Name	Hours
REL-BHC-0-RPPBHT	Recovery Principles and Practices in Behavioral Health Treatment	1.00
REL-BHC-0-SRMMS	Supporting Recovery through Mindfulness, Meditation and Spirituality	1.50

#### Working with difficult to reach or disengaged individuals and families

Module Code	Module Name	Hours
REL-BHC-0-AMAROP	A Multicultural Approach to Recovery-Oriented Practice	1.00
REL-BHC-0-BAHTR	Building a Healthy Therapeutic Relationship	1.25
REL-BHC-0-ETEIBHD	Enhancing Treatment Engagement of Individuals with Behavioral Health Disorders	1.75
REL-BHC-0-RPPBHT	Recovery Principles and Practices in Behavioral Health Treatment	1.00

## Recognizing and working with individuals with co-occurring physical health, mental health, and substance use conditions

Module Code	Module Name	Hours
REL-BHC-0-ADOBHP	About Diabetes: Overview for Behavioral Health Professionals	1.00
REL-BHC-0-ICODAPC	Interventions for Co-Occurring Disorders: Advanced Practice for Clinicians	1.25
REL-BHC-ICOD	Introduction to Co-Occurring Disorders	1.25
REL-BHC-0-MRCDBHC	Mitigating Risk for Cardiovascular Disease Among Behavioral Health Clients	1.75
REL-BHC-0-OCDP	Overview of Co-Occurring Disorders for Paraprofessionals	0.75

#### Collaborating with other disciplines, systems, and services

Module Code	Module Name	Hours
	Helping Clients with SMI Communicate Effectively with Primary Care Providers	1.00
REL-BHC-0-IPBH	Integration of Primary and Behavioral Healthcare	1.25
ORG CUSTOMIZED TRAINING	Organization Customized Training	0.00

#### Service Standards - Mental Health and/or Substance Use Services (MHSU)

#### MHSU 2.04

Clinical personnel are trained on, or demonstrate competence in the latest information, theories, and proven practices related to the treatment of alcohol and other drug use disorders, including:

#### Diagnostic criteria for substance use disorders and their severity; ASAM level of care assessments

Module Code	Module Name	Hours
REL-BHC-0-ATOUD	Assessing and Treating Opioid Use Disorder	1.25
ORG CUSTOMIZED TRAINING	Organization Customized Training	0.00
REL-BHC-0-SBISUI	Screening and Brief Interventions for Substance Use Issues	1.50

#### The signs and symptoms of withdrawal

Module Code	Module Name	Hours
	Common Substances and Treatment of Substance Use Disorders	1.25

#### Addiction as a disease

Module Code	Module Name	Hours
REL-BHC-0-AOSUD	An Overview of Substance Use Disorders	1.00
	Biopsychosocial Model of Substance-Related and Addictive Disorders	1.00

### Treatment needs of special populations including women, individuals experiencing homelessness, adolescents, and individuals with HIV/AIDS

Module Code	Module Name	Hours
REL-BHC-0-CPIASUD	Clinical Pathways that Inform Adolescent Substance Use Disorder	1.50
REL-PAC-0-FI	HIV/AIDS - Focusing on the Individual	1.00
REL-BHC-0-SASUDOA	Screening and Assessing for Substance Use Disorders in Older Adults	1.25
REL-BHC-0-SUTW	Substance Use Treatment for Women	1.50
REL-HHS-0-OTSRD-V2	Traumatic Stress Disorders in Children and Adolescents	2.00
REL-BHC-0-WIEH	Working with Individuals Experiencing Homelessness	1.25
REL-BHC-0-WIEHSUD	Working with Individuals Experiencing Homelessness and Substance Use Disorder	1.25

#### **Relapse prevention**

Module Code	Module Name	Hours
REL-BHC-0-STPR	Strategies for Treating and Preventing Relapse	1.50
	Substance Use Treatment and Relapse Prevention for Marginalized Populations	1.00

#### Management of drug overdose

Module Code	Module Name	Hours
REL-ACCRED1	Choose Appropriate Courses from Relias Learning Libraries	0.00

#### The benefits and limitations of tests that screen for drug use, when applicable

Module Code	Module Name	Hours
ORG CUSTOMIZED TRAINING	Organization Customized Training	0.00

#### Harm reduction interventions or practices

Module Code	Module Name	Hours
REL-BHC-0-HRSU	Harm Reduction in Substance Use	1.25

## FDA-approved medications used to treat opioid use disorder, their benefits and limitations, and current federal policy regulating their use, when applicable

Module Code	Module Name	Hours
ORG CUSTOMIZED TRAINING	Organization Customized Training	0.00
REL-BHC-0-OMATOUD	Overview of Medications for Opioid Use Disorder	1.25

#### Service Standards - Mental Health and/or Substance Use Services (MHSU)

MHSU 2.06

Individuals who provide peer support receive pre- and in-service training on:

How to recognize the need for more intensive services and how to make an appropriate referral

Module Code	Module Name	Hours
ORG CUSTOMIZED TRAINING	Organization Customized Training	0.00

## Established ethical guidelines, including setting appropriate boundaries and protecting confidentiality and privacy

Module Code	Module Name	Hours
REL-BHC-0-BRBHP	Boundary Risks for Behavioral Health Paraprofessionals	0.75
REL-BHC-0-CISUDT	Confidentiality in Substance Use Disorder Treatment	1.00
REL-BHC-0-IPSPSP	Introduction to Peer Support for Peer Support Professionals	1.00
REL-BHC-0-PSSUR	Peer Support in Substance Use Recovery	1.25

#### Wellness support methods, trauma-informed care practices, and recovery resources

Module Code	Module Name	Hours
REL-BHC-0-IPSPSP	Introduction to Peer Support for Peer Support Professionals	1.00
REL-BHC-0-PSSUR	Peer Support in Substance Use Recovery	1.25
REL-BHC-0-TICDCPSS	Trauma-Informed Care Delivery for Clinicians and Peer Support Specialists	1.25
REL-BHC-0-WSSAR	Wellness Strategies that Support Addiction Recovery	1.00

## Managing personal triggers that may occur during the course of their role as a peer support provider

Module Code	Module Name	Hours
	Introduction to Peer Support for Peer Support Professionals	1.00

#### Skills, concepts, and philosophies related to recovery and peer support

Module Code	Module Name	Hours
REL-BHC-0-IPSPSP	Introduction to Peer Support for Peer Support Professionals	1.00
REL-BHC-0-PSSUR	Peer Support in Substance Use Recovery	1.25

### Service Standards - Mental Health and/or Substance Use Services (MHSU)

MHSU 2.08

There is at least one person on duty at each program site any time the program is in operation that has received first aid and age-appropriate CPR training in the previous two (2) years that included an inperson, hands-on CPR skills assessment conducted by a certified CPR instructor.

#### CPR (Relias does not offer hands-on training)

Module Code	Module Name	Hours
CLASSROOM TRAINING	Classroom Training Required	0.00
CPR/BLS/FIRST AID	CPR/BLS/First Aid Certification (Available For Purchase)	0.00

#### **Service Standards - Outreach Services (OS)**

OS 2.03

All direct service personnel are trained on, or demonstrate competency in:

Understanding homelessness, including the causes and effects of homelessness, overrepresented and vulnerable populations, impact of homelessness on child development, barriers to exiting homelessness, and service needs

Module Code	Module Name	Hours
REL-ACCRED1	Choose Appropriate Courses from Relias Learning Libraries	0.00
REL-BHC-0-WIEH	Working with Individuals Experiencing Homelessness	1.25
REL-BHC-0-WIEHSUD	Working with Individuals Experiencing Homelessness and Substance Use Disorder	1.25

#### The ability to handle rejection

Module Code	Module Name	Hours
ORG CUSTOMIZED TRAINING	Organization Customized Training	0.00

#### Recognizing and responding to signs of suicide risk

Module Code	Module Name	Hours
REL-BHC-0-ASSR	Assessing and Screening for Suicide Risk	1.50
REL-BHC-0-CBIRSR	Community-Based Interventions to Reduce Suicide Risk	1.75
REL-BHC-0-OEBSSI	Overview of Evidence-Based, Suicide-Specific Interventions	1.50
REL-BHC-0-SSDCS	Suicide Screening for Direct Care Staff	0.50

Making linkages and referrals to community and housing services

Module Code	Module Name	Hours
ORG CUSTOMIZED TRAINING	Organization Customized Training	0.00

#### Implementing the organization's plans for managing medical or psychiatric emergencies

Module Code	Module Name	Hours
ORG EMERGENCY P&P	Organization-Specific Emergency Policies and Plans	0.00

#### **Service Standards - Outreach Services (OS)**

#### OS 2.04

All direct service personnel are trained on, or demonstrate competency in, understanding the special service needs of service recipients, including, as appropriate:

## Individuals coping with substance use and/or mental health issues, including dual diagnosis

Module Code	Module Name	Hours
REL-ACCRED1	Choose Appropriate Courses from Relias Learning Libraries	0.00
REL-BHC-ICOD	Introduction to Co-Occurring Disorders	1.25
REL-BHC-0-OCDP	Overview of Co-Occurring Disorders for Paraprofessionals	0.75
REL-BHC-0-OSSOPDP	Schizophrenia Spectrum and Other Psychotic Disorders for Paraprofessionals	1.00

### Individuals coping with trauma, including how to recognize trauma and appropriate interventions for addressing the acute needs of trauma victims

Module Code	Module Name	Hours
REL-BHC-0-AITIC	An Introduction to Trauma-Informed Care	1.50
REL-BHC-0-AOTDAP	An Overview of Trauma Disorders in Adults for Paraprofessionals	1.00
REL-BHC-0-AOTICNCS	An Overview of Trauma-Informed Care for Non-Clinical Staff	1.00
REL-ACCRED1	Choose Appropriate Courses from Relias Learning Libraries	0.00
REL-BHC-0-ITSU	The Influence of Trauma on Substance Use	1.50

#### Individuals with HIV/AIDS

Module Code	Module Name	Hours
REL-ACCRED1	Choose Appropriate Courses from Relias Learning Libraries	0.00
REL-BHC-0-SURHHOID	Substance Use: Risk of HIV, Hepatitis, and Other Infectious Diseases	1.25

#### Individuals who identify as lesbian, gay, bisexual, transgender, or gender nonconforming

Module Code	Module Name	Hours
REL-BHC-0-OBLGBTQABHS	Overcoming Barriers to LGBTQ+ Affirming Behavioral Health Services	1.50
REL-BHC-0-ABHLGBTQC	Supporting the Behavioral Health Goals of LGBTQ+ Clients	1.50
REL-BHC-0-WMELGBTQCY	Working More Effectively with LGBTQ+ Children and Youth	1.25

#### Individuals and families who have been victims of violence, abuse, or neglect

Module Code	Module Name	Hours
REL-ALL-0-DVAHP	Domestic Violence Awareness for Healthcare Personnel	2.00
REL-BHC-0-IAADA	Identifying and Addressing Older and Dependent Adult Abuse	1.25
REL-BHC-0-IRCAN	Identifying and Responding to Child Abuse and Neglect	1.50
REL-BHC-0-IRIPV	Identifying and Responding to Intimate Partner Violence	1.50
REL-BHC-0-PIRAN	Preventing, Identifying, and Responding to Abuse and Neglect	1.00

## Individuals who may be the victims of human trafficking or sexual exploitation, including how to identify potential victims

Module Code	Module Name	Hours
REL-ACCRED1	Choose Appropriate Courses from Relias Learning Libraries	0.00
REL-ALL-0-HTAGE	Human Trafficking: A Growing Epidemic	2.00
REL-ALL-0-UHT	Understanding Human Trafficking	1.00

#### Pregnant and parenting mothers and/or fathers with young children

Module Code	Module Name	Hours
ORG CUSTOMIZED TRAINING	Organization Customized Training	0.00

#### Runaway and homeless children and youth

Module Code	Module Name	Hours
REL-ACCRED1	Choose Appropriate Courses from Relias Learning Libraries	0.00
ORG CUSTOMIZED TRAINING	Organization Customized Training	0.00

#### Persons with current or past criminal justice system involvement

Module Code	Module Name	Hours
ORG CUSTOMIZED TRAINING	Organization Customized Training	0.00

#### Persons with current or past child welfare system involvement

Module Code	Module Name	Hours
	Addressing Behavioral Health Needs of Individuals Involved in Child Welfare	1.25

#### Persons with developmental disabilities

Module Code	Module Name	Hours
REL-IDD-0-ODTD-V2	An Overview of Different Types of Disabilities	1.00
REL-ACCRED1	Choose Appropriate Courses from Relias Learning Libraries	0.00
REL-IDD-0-IDAO	Intellectual Disabilities: Interventions, Supports and Outcomes	1.00

#### Older adults

Module Code	Module Name	Hours
REL-ACCRED1	Choose Appropriate Courses from Relias Learning Libraries	0.00
REL-BHC-0-SASUDOA	Screening and Assessing for Substance Use Disorders in Older Adults	1.25

#### **Service Standards - Outreach Services (OS)**

OS 2.05

The organization ensures the safety of street outreach personnel by developing procedures and trainings that address how to recognize and respond to street safety risks.

#### How to recognize and respond to street safety risks

Module Code	Module Name	Hours
ORG CUSTOMIZED TRAINING	Organization Customized Training	0.00
REL-BHC-0-SWWC	Safety When Working in the Community	1.25

#### **Service Standards - Outreach Services (OS)**

#### OST 2.06

Peer outreach workers receive pre- and in-service training and ongoing supervision and support around:

The role of a peer outreach worker, including skills, concepts, and philosophies related to peer support

Module Code	Module Name	Hours
REL-BHC-0-IPSPSP	Introduction to Peer Support for Peer Support Professionals	1.00
ORG CUSTOMIZED TRAINING	Organization Customized Training	0.00
REL-BHC-0-TICDCPSS	Trauma-Informed Care Delivery for Clinicians and Peer Support Specialists	1.25

## Established ethical guidelines, including setting appropriate boundaries and maintaining confidentiality

Module Code	Module Name	Hours
REL-BHC-0-BRBHP	Boundary Risks for Behavioral Health Paraprofessionals	0.75
REL-ALL-0-HBAS	HIPAA: Basics	0.50
ORG CUSTOMIZED TRAINING	Organization Customized Training	0.00

#### Service Standards - Out-of-School Time Services (OST)

OST 2.06

All personnel who work with children and youth are trained on, or demonstrate competency in:

Note COA Interpretation: Training on some of the topics addressed in this standard may not be provided until after personnel have begun work. However, personnel should never be expected to perform a task or provide a level of care that they are not yet prepared to handle. Accordingly, depending on personnel qualifications and the degree of responsibility personnel are expected to assume upon starting their jobs, it may be appropriate to provide pre-service training on some of the listed topics.

## Understanding child and youth development, including what matters most at different stages of development

Module Code	Module Name	Hours
REL-BHC-0-DCCA	Developmental Concerns in Childhood and Adolescence	1.50
REL-BHC-0-DSFBFYO	Developmental Stages from Birth to Five Years Old	0.75

#### Building caring, supportive relationships with children and youth

Module Code	Module Name	Hours
REL-BHC-0-BAHTR	Building a Healthy Therapeutic Relationship	1.25
REL-BHC-0-ETEIBHD	Enhancing Treatment Engagement of Individuals with Behavioral Health Disorders	1.75
ORG CUSTOMIZED TRAINING	Organization Customized Training	0.00

## Instructing and engaging children and youth with different temperaments, needs, and abilities, including those who may be reluctant or struggling

Module Code	Module Name	Hours
REL-BHC-0-AOADHDP	An Overview of ADHD for Paraprofessionals	1.00
REL-IDD-0-SPEDIEPB	Individualized Education Plans (IEPs) - The Basics	1.75

#### Managing groups effectively

Module Code	Module Name	Hours
REL-BHC-0-ASGT	Managing Challenging Situations in Structured Group Therapy	1.00
ORG CUSTOMIZED TRAINING	Organization Customized Training	0.00

#### Promoting social and emotional development

Module Code	Module Name	Hours
	Introduction to Social and Emotional Development in Early Childhood	0.50

#### Positive techniques for guiding and managing behavior

Module Code	Module Name	Hours
	Addressing and Preventing Challenging Behavior in Early Childhood	0.50
	Positive Behavior Support for Children for Paraprofessionals	1.00

#### Collaborating with partners (e.g., with the program host, when applicable)

Module Code	Module Name	Hours
REL-ALL-0-COMME	Communicating Effectively	0.25
REL-ALL-0-ETW	Effective Teamwork	0.50

#### Understanding expectations for professional conduct

Module Code	Module Name	Hours
REL-ALL-0-MPBOUND	Maintaining Professional Boundaries	0.50
ORG CUSTOMIZED TRAINING	Organization Customized Training	0.00
ORG POLICY/PROCEDURE	Organization-Specific Policies and Procedures	0.00
REL-ALL-0-BETHDM	The Basics of Ethical Decision Making	0.50

#### Service Standards - Out-of-School Time Services (OST)

#### OST 2.07

Program personnel are trained on, or demonstrate competency in, skills and topics relevant to the program activities offered, including safety and injury prevention related to the activities offered.

Note COA Interpretation: Training on some of the topics addressed in this standard may not be provided until after personnel have begun work. However, personnel should never be expected to perform a task or provide a level of care that they are not yet prepared to handle. Accordingly, depending on personnel qualifications and the degree of responsibility personnel are expected to assume upon starting their jobs, it may be appropriate to provide pre-service training on some of the listed topics.

Implementing best practices in programming for the relevant academic areas and grade levels

Module Code	Module Name	Hours
ORG CUSTOMIZED TRAINING	Organization Customized Training	0.00

#### Understanding state and local academic standards

Module Code	Module Name	Hours
ORG CUSTOMIZED TRAINING	Organization Customized Training	0.00

#### Service Standards - Out-of-School Time Services (OST)

#### OST 2.10

- Professional development includes at least:
- (1) 15 hours of training per year for Assistant Group Leaders
- (2) 18 hours of training per year for Group Leaders
- (3) 21 hours of training per year for Senior Group Leaders
- (4) 24 hours of training per year for Site Directors
- (5) 30 hours of training per year for Program Administrators

Note COA Interpretation: Training delivery methods can include, but are not limited to: in-service training, adult education courses, higher education or college courses, distance learning, conference workshops, webinars, and self-paced electronic trainings.

#### **Professional development**

Module Code	Module Name	Hours
REL-ACCRED1	Choose Appropriate Courses from Relias Learning Libraries	0.00

#### Service Standards - Out-of-School Time Services (OST)

#### OST 2.14

The organization provides volunteers with the orientation, training, and support they need to fulfill their roles and responsibilities.

#### Volunteer orientation and training

Module Code	Module Name	Hours
REL-ACCRED1	Choose Appropriate Courses from Relias Learning Libraries	0.00
ORG CUSTOMIZED TRAINING	Organization Customized Training	0.00

#### Service Standards - Out-of-School Time Services (OST)

OST 15.04

Mentors receive orientation and training that address:

#### The philosophy of both the program and its mentoring component

Module Code	Module Name	Hours
ORG CUSTOMIZED TRAINING	Organization Customized Training	0.00

#### The responsibilities of the mentor to the organization and the mentee

Module Code	Module Name	Hours
ORG CUSTOMIZED TRAINING	Organization Customized Training	0.00

#### The responsibilities of the organization to the mentor

Module Code	Module Name	Hours
ORG CUSTOMIZED TRAINING	Organization Customized Training	0.00

#### Relationship development, including the importance of building trust; Realistic expectations for the relationship

Module Code	Module Name	Hours
REL-ACCRED1	Choose Appropriate Courses from Relias Learning Libraries	0.00
ORG CUSTOMIZED TRAINING	Organization Customized Training	0.00

#### Establishing appropriate boundaries and setting limits

Module Code	Module Name	Hours
REL-ALL-0-MPBOUND	Maintaining Professional Boundaries	0.50

## Child and youth development, including any special strengths and needs of the population served

Module Code	Module Name	Hours
REL-BHC-0-CDDI	Children with Disabilities: Development and Inclusion	1.00
REL-BHC-0-DCCA	Developmental Concerns in Childhood and Adolescence	1.50

#### Service Standards - Opioid Treatment (OTP)

OTP 2.08

Personnel are trained on, or demonstrate competency in:

#### The concept of addiction as a disease

Module Code	Module Name	Hours
REL-BHC-0-BMSRAD	Biopsychosocial Model of Substance-Related and Addictive Disorders	1.00

#### The goals of opioid treatment in regard to other drug use

Module Code	Module Name	Hours
REL-BHC-0-ATOUD	Assessing and Treating Opioid Use Disorder	1.25
REL-BHC-ICOD	Introduction to Co-Occurring Disorders	1.25
ORG CUSTOMIZED TRAINING	Organization Customized Training	0.00
REL-BHC-0-OCDP	Overview of Co-Occurring Disorders for Paraprofessionals	0.75

### The latest information, theories, and techniques in identification, diagnosis, and treatment of alcohol and other drug problems, including the harm reduction model

Module Code	Module Name	Hours
REL-BHC-0-ATOUD	Assessing and Treating Opioid Use Disorder	1.25
REL-BHC-0-HRSU	Harm Reduction in Substance Use	1.25
REL-BHC-0-OMATOUD	Overview of Medications for Opioid Use Disorder	1.25

#### **Relapse prevention**

Module Code	Module Name	Hours
REL-BHC-0-STPR	Strategies for Treating and Preventing Relapse	1.50
	Substance Use Treatment and Relapse Prevention for Marginalized Populations	1.00

## Recognition of co-occurring health and mental health conditions and integrated services available to meet them

Module Code	Module Name	Hours
REL-BHC-0-ICODAPC	Interventions for Co-Occurring Disorders: Advanced Practice for Clinicians	1.25
REL-BHC-ICOD	Introduction to Co-Occurring Disorders	1.25
REL-BHC-0-OCDP	Overview of Co-Occurring Disorders for Paraprofessionals	0.75

#### Management of drug overdose

Module Code	Module Name	Hours
ORG CUSTOMIZED TRAINING	Organization Customized Training	0.00

#### Special treatment needs of women

Module Code	Module Name	Hours
REL-BHC-0-SUTW	Substance Use Treatment for Women	1.50

#### Criminal justice issues, as appropriate

Module Code	Module Name	Hours
REL-ACCRED1	Choose Appropriate Courses from Relias Learning Libraries	0.00
REL-BHC-0-SUTJII	Substance Use Treatment with Justice Involved Individuals	1.25

#### The benefits and limitations of tests that screen for drug use

Module Code	Module Name	Hours
ORG CUSTOMIZED TRAINING	Organization Customized Training	0.00

## HIV/AIDS symptoms, risk-reduction and infection control guidelines, testing, and counseling

Module Code	Module Name	Hours
REL-ALL-0-BPUSP	Bloodborne Pathogens and the Use of Standard Precautions	1.00
REL-ALL-0-HIVAA	HIV Infection and AIDS	0.25
REL-BHC-0-SURHHOID	Substance Use: Risk of HIV, Hepatitis, and Other Infectious Diseases	1.25

#### Service Standards - Opioid Treatment (OTP)

OTP 2.09

There is at least one person on duty at each program site any time the program is in operation that has received first aid and age-appropriate CPR training in the previous two (2) years that included an in-

#### person, hands-on CPR skills assessment conducted by a certified CPR instructor.

#### CPR (Relias does not offer hands-on training)

Module Code	Module Name	Hours
CPR/BLS/FIRST AID	CPR/BLS/First Aid Certification (Available For Purchase)	0.00