Massachusetts Licensure of Substance Abuse Treatment Programs

Relias offers online learning, staff compliance training, and continuing education for behavioral health organizations.

Relias Training Crosswalks are based on published accreditation standards. They are designed to assist organizations in the selection of courses from the Relias libraries to ensure and demonstrate staff competence according to the training standards. In some cases, it may be useful for customer organizations to develop training specific to the organization's individual needs.

General staff compliance trainings should be selected to ensure the organization meets OSHA and other regulatory requirements. Staff training is only one element of a successful survey and the Crosswalks are not meant to take the place of a careful review and evaluation of your program to the accreditation standards.

The courses listed in the crosswalk are a representative sample of courses available in Relias libraries. It may not be necessary to choose all courses listed for a specific training standard; it is recommended that courses are chosen that closely align with the mission and services offered and the specific needs of the persons served.

Disclaimer: The following constitutes Relias, LLC's recommendation of course work for each listed Crosswalk Measure. Relias Learning does not make any guarantee that such course(s) will be accepted by the accrediting body(ies).

Reference:
https://www.mass.gov/doc/105-cmr-164-licensure-of-substance-use-disorder-treatment-programs/download

Orientation - All Staff
105 CMR 164.044 (B)(1)

The licensee must provide orientation to all staff, including clinical staff, qualified health care professionals, relief staff, interns, volunteers, and contract agency staff.
The licensee must have a written plan for the professional growth and development of all personnel. The plan must include orientation of employees regarding the following:

Policy and procedures of the agency, including program operations

Module Code	Module Name	Hours
ORG POLICY/PROCEDURE	Organization-Specific Policies and Procedures	0.00

State and federal confidentiality laws

Suggested, in addition to organizational training:

Module Code	Module Name	Hours
REL-BHC-0-AHIPAABH	Application of HIPAA in Behavioral Health	1.75
REL-BHC-0-CISUDT	Confidentiality in Substance Use Disorder Treatment	1.00
REL-ALL-0-HBAS	HIPAA: Basics	0.50
ORG CUSTOMIZED TRAINING	Organization Customized Training	0.00

Professional ethics

Module Code	Module Name	Hours
REL-BHC-0-AEDMCP	Applying Ethical Decision-Making in Clinical Practice	1.00
REL-BHC-0-ELCSUTY	Ethical and Legal Considerations in Substance Use Treatment for Youth	1.25
REL-BHC-0-LESBHP	Legal and Ethical Standards For Behavioral Health Professionals	1.00
REL-BHC-0-NECSUDC	Navigating Ethical Challenges: Substance Use Disorder Counselors	1.75
REL-BHC-0-SNEDRT	Strategies for Navigating the Ethics of Dual Relationships and Termination	1.75
REL-ALL-0-BETHDM	The Basics of Ethical Decision Making	0.50

Behavior management

Module Code	Module Name	Hours
REL-BHC-0-CMBP	Crisis Management Basics for Paraprofessionals	1.00
REL-BHC-0-DICCDCA	Externalizing and Disruptive Behavior Disorders in Children and Adolescents	1.75
REL-BHC-0-PDHS	Preventing and De-escalating Crisis Situations	1.25
REL-BHC-0-RRPC	Recognizing and Responding to a Person in Crisis	1.50

Record keeping

Suggested, in addition to organizational training:

Module Code	Module Name	Hours
REL-BHC-0-AIWPN	An Introduction to Writing Progress Notes	1.00
REL-BHC-0-BED	Basics of Effective Documentation	1.00
REL-BHC-0-BPDTPP	Best Practices for Documenting the Treatment Planning Process	1.50
ORG CUSTOMIZED TRAINING	Organization Customized Training	0.00

Internal incident reporting and investigation

Module Code	Module Name	Hours
REL-BHC-0-IRBH	Incident Reporting in Behavioral Health	0.50
ORG CUSTOMIZED TRAINING	Organization Customized Training	0.00

Reporting of abuse and neglect of children, the elderly, and disabled persons

Module Code	Module Name	Hours
REL-BHC-0-IAADA	Identifying and Addressing Older and Dependent Adult Abuse	1.25
REL-BHC-0-IRCAN	Identifying and Responding to Child Abuse and Neglect	1.50
ORG CUSTOMIZED TRAINING	Organization Customized Training	0.00
REL-BHC-0-PIRAN	Preventing, Identifying, and Responding to Abuse and Neglect	1.00

Annual In-Service - All Staff
105 CMR 164.044 (B)(2)

Over the course of a year, the licensee must provide monthly scheduled in-service training sessions on, at a minimum:

Agency's or program's All Hazards Emergency Response Plan

Module Code	Module Name	Hours
REL-ALL-0-FSBASIC-V2	Fire Safety: The Basics	0.50
REL-ALL-0-NDWEO	Natural Disasters and Workplace Emergencies: An Overview	0.50
REL-ALL-0-NDWEET	Natural Disasters and Workplace Emergencies: Earthquakes and Tsunamis	0.50
REL-ALL-0-NDWEFLL	Natural Disasters and Workplace Emergencies: Flooding and Landslides	0.50
REL-ALL-0-NDWEEHC	Natural Disasters and Workplace Emergencies: Heat and Cold Stress	0.50
REL-ALL-0-NDWEH	Natural Disasters and Workplace Emergencies: Hurricanes	0.50
REL-ALL-0-NDWET	Natural Disasters and Workplace Emergencies: Tornadoes	0.50
ORG EMERGENCY P&P	Organization-Specific Emergency Policies and Plans	0.00

HIV/AIDS, sexually transmitted diseases (STDs) and Viral Hepatitis
Note: More specific components of training found in Sect. 164.044 (D)

Module Code	Module Name	Hours
REL-ALL-0-BBH	Beyond the Basics of HIV	1.00
REL-PAC-0-DES	HIV/AIDS - Diagnosis and Early Stages	1.00
REL-PAC-0-UI	HIV/AIDS - Understanding the Illness	1.00
REL-BHC-0-SURHHOID	Substance Use: Risk of HIV, Hepatitis, and Other Infectious Diseases	1.25
REL-ALL-0-TBH	The Basics of HIV	0.50

Universal health precautions and infection control

Module Code	Module Name	Hours
REL-ALL-0-ICBC	Infection Control: Basic Concepts	0.25
REL-ALL-0-IFEP	Infection Control: Essential Principles	0.50
REL-ALL-0-UBBPATH	Understanding Bloodborne Pathogens	0.75

Substance use disorders including tobacco and nicotine addiction

Module Code	Module Name	Hours
REL-BHC-0-ATUBHP	Addressing Tobacco Use in the Behavioral Health Population	1.00
REL-BHC-0-AOSUD	An Overview of Substance Use Disorders	1.00
REL-BHC-0-APCPBH	Approaches to Person-Centered Planning in Behavioral Health	1.00
REL-BHC-0-CPIASUD	Clinical Pathways that Inform Adolescent Substance Use Disorder	1.50
REL-BHC-0-OTSTSUD	Common Substances and Treatment of Substance Use Disorders	1.25
REL-BHC-0-SBISUI	Screening and Brief Interventions for Substance Use Issues	1.50
REL-BHC-0-STPR	Strategies for Treating and Preventing Relapse	1.50

Clinical assessment and diagnosis

Module Code	Module Name	Hours
REL-BHC-0-ATSUD	Assessing and Treating Methamphetamine Use Disorder	1.50
REL-BHC-0-ATOUD	Assessing and Treating Opioid Use Disorder	1.25
REL-BHC-0-ATAUD	Assessment and Treatment for Alcohol Use Disorders	1.25
REL-ACCRED1	Choose Appropriate Courses from Relias Learning Libraries	0.00
REL-BHC-0-SASUDOA	Screening and Assessing for Substance Use Disorders in Older Adults	1.25
REL-BHC-0-SBISUI	Screening and Brief Interventions for Substance Use Issues	1.50

Treatment planning

Module Code	Module Name	Hours
REL-BHC-0-APCPBH	Approaches to Person-Centered Planning in Behavioral Health	1.00
REL-BHC-0-BPDTPP	Best Practices for Documenting the Treatment Planning Process	1.50

Relapse prevention and aftercare planning

Module Code	Module Name	Hours
REL-BHC-0-HRSU	Harm Reduction in Substance Use	1.25
REL-BHC-0-STPR	Strategies for Treating and Preventing Relapse	1.50
REL-BHC-0-SUTRPMP	Substance Use Treatment and Relapse Prevention for Marginalized Populations	1.00
REL-BHC-MEC-WOO	Wrap: One-on-One	1.25

Overdose risk assessment and prevention

Module Code	Module Name	Hours
ORG CUSTOMIZED TRAINING	Organization Customized Training	0.00

Co-occurring disorders, including mental health disorders, gambling, and other addictive behaviors, and mechanisms for ensuring coordination of care related to all co-occurring disorders

Module Code	Module Name	Hours
REL-BHC-0-CCM	Case and Care Management	1.00
REL-ACCRED1	Choose Appropriate Courses from Relias Learning Libraries	0.00
REL-BHC-0-ICODAPC	Interventions for Co-Occurring Disorders: Advanced Practice for Clinicians	1.25
REL-BHC-ICOD	Introduction to Co-Occurring Disorders	1.25
REL-BHC-0-OCDP	Overview of Co-Occurring Disorders for Paraprofessionals	0.75
REL-BHC-0-PSCOD	Peer Support for Co-Occurring Disorders	0.15
REL-BHC-0-OSSOPDP	Schizophrenia Spectrum and Other Psychotic Disorders for Paraprofessionals	1.00
REL-BHC-0-TGD	Treating Gambling Disorder	1.25

Other topics specific to the requirements of the level of care and/or the population served

Module Code	Module Name	Hours
REL-ACCRED1	Choose Appropriate Courses from Relias Learning Libraries	0.00

Effects of substance use disorders on the family and related topics such as the role of the family in treatment and recovery

Module Code	Module Name	Hours
REL-BHC-0-ISUDFAT	Impact of Substance Use Disorders on Families and Approaches to Treatment	1.25
REL-HHS-0-SUFPP-V2	Substance Use and the Family for Paraprofessionals	1.25
REL-BHC-0-WCSFFP	Ways to Communicate and Support Families for Paraprofessionals	0.75

Cultural competency including culturally and linguistically appropriate services (CLAS) or standards

Module Code	Module Name	Hours
REL-ALL-0-CDIV	Cultural Competence	0.50
REL-BHC-0-DEIAIMC	DEI: An Introduction to Multicultural Care	1.00
REL-BHC-0-PTSUDLGBTQC	Prevalence and Treatment of Substance Use Disorders in the LGBTQ+ Community	1.25
REL-BHC-0-UMCBP	Understanding and Minimizing Cultural Bias for Paraprofessionals	1.00

Cultural competency including culturally and linguistically appropriate services (CLAS) or standards

Module Code	Module Name	Hours
REL-BHC-0-ELIBHI	Ethical and Legal Issues for Behavioral Health Interpreters	0.50
ORG CUSTOMIZED TRAINING	Organization Customized Training	0.00
REL-BHC-0-RFBHI	Strategies and Skills for Behavioral Health Interpreters	1.00

The risks and benefits of all medication assisted treatment options, as well as the risks and benefits of not receiving treatment

Module Code	Module Name	Hours
REL-BHC-0-AOSUD	An Overview of Substance Use Disorders	1.00
REL-BHC-0-ATOUD	Assessing and Treating Opioid Use Disorder	1.25

ORG CUSTOMIZED TRAINING	Organization Customized Training	0.00
REL-BHC-0-OMATOUD	Overview of Medications for Opioid Use Disorder	1.25

Per 164.046, for staff trained in CPR, there must be documentation of current certification as scheduled

Module Code	Module Name	Hours
CPR/BLS/FIRST AID	CPR/BLS/First Aid Certification (Available For Purchase)	0.00